



Edition 73 - August 2020

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Quote for August

"Start by doing what's necessary; then do what's possible; suddenly you are doing the impossible." – Saint Francis of Assisi (1181—1226) Alan Cohen (1950 –)

That subject for August

Social distancing, did you find it easy to adapt to the new normal ?

Welcome to our August newsletter, bringing a variety of stories we hope readers will enjoy. We are especially happy to share with you a thoughtful story written by a seven year old, Lucas Fall, who has put pen to paper to tell us about the Covid experience in his life. Lucas is great grandson of our yarn spinner Liz Coley, and it certainly looks like Liz has shared her writing genes with this young lad. Thank you for contributing Lucas and I hope this isn't the last we will see of your writing skill.

Thankfully, gratitude continues for WA's current safety in the virus nightmare, our sympathy to fellow Aussies in Victoria. Let us hope we don't experience anything similar.

COVID HOME SCHOOLING

We all have stories to tell about Covid-19, tales of isolation, shortage of goods in the shops, Café and pub closures, hospital beds limited as WA prepared for the virus to enter our state and no hugging. This story is about one boy's experience of home schooling, thank you Lucas!

Liz Coley



Hi my name is Lucas Fall, I am 7 years old. When Covid-19 arrived, I had to stop going to school, that made me sad. But my mum explained to me the reasons why we had to do it. I did not want Covid to spread but I missed seeing my friends and playing at the

parks. We stayed home for 1 month and 2 weeks. During this time, we did our schoolwork from home. My favorite thing to do was an online math's game called prodigy. I also stayed in touch with my teacher though the Seesaw App. My teacher taught us about the life cycle of a

chicken, and we got to watch videos and pictures of chickens hatching. We hatched 11 chickens and I was able to name one. I named mine Covid because he was big and black and born during the Covid time. I was allowed to keep Covid the Chicken at my house forever.

I was able to see and talk to my friends through an online program called Zoom. We would play games like celebrity heads & Pokémon cards. I also wrote letters to my friends and delivered them to their letter boxes.

I enjoyed the time at home with my Mum, Dad and my brothers, Patrick & Samuel. However, I was super glad to go back to school. I really missed being with my friends and learning. I wish that Covid 19 virus never comes back.



Lucas Fall. Photos supplied by Fall Family

THE HISTORY OF DUNREATH COTTAGES



Photo By Tracey Bingham

Thanks to Paula Mitchell, Property Manager of Dunreath Cottages for supplying interesting information relating to the original concept of our wonderful seniors' accommodation.

Manjimup is very fortunate to have these units and it seems we can thank some thoughtful, generous locals, back around 1950 for realizing the need, and for continued volunteer support since that time. Dave Evans, who recorded so much valuable local history, compiled a booklet in celebration of

thirty years of Dunreath Cottages, 1952 to 1982. We have used some of his research for our story, and also information found in Trove digital newspapers.

The West Australian, 1947 - "At a Hospital Board Meeting Mr. C.I. Doust said if there were ten other persons willing to follow his lead, he would give one hundred pounds to further such a scheme." This apparently followed a great deal of community discussion about the plight of seniors who did not own their own home, particularly with so many timber mills in the district providing employees' housing, and when the workers retired they would be homeless, so building local seniors' housing would enable them to stay in the district.

Before long "Ike" Doust started the funding with his donation of £150 and his sons Tom and Clive followed with £100 each. Many locals came on board, then WA Lotteries Commission granted £1800. Government land was obtained for a site, which Kanny and Sons bulldozer company cleared and levelled. Free of charge. A £1.1.0 prize was offered to name the cottages and 21 entries were submitted. It was felt that Dunreath was most appropriate, being in honour of the huge contribution Mr Doust had made - his early farming property had been named Dunreath.

Mr Doust's foresight in thinking of others, and making the first donation, when he personally was not going to be in the position of needing help with retirement accommodation was certainly very generous. The builder was Mr J Rea (of Rea Park history) and in July 1954 the first units, Sutton Cottage, were ready for occupation, named as tribute to Mr E H Sutton who supported Ike Doust in the proposal beginnings, by donating money and bequeathing land he owned at Quinninup to the cottage project. Rent for Sutton was 10/- per week, with free electricity, wood and water. Generous locals including Rotary and Apex Club members throughout the years have provided a great deal of support for maintenance, including wood chopping and painting. The early cottages had wood fires for cooking and warmth.

Thirty years ago the Dept of Housing assisted with the building of an additional 26 cottages. At that time it was found the committee were achieving high management control without Government in-

volvement, and the eight board members of today are continuing to provide the same local quality management. Chairman Neville McDonald has held that position for ten years, currently travelling from Bunbury for the meetings. Dunreath Inc is a registered Not For Profit organisation, and the board are obviously keeping well within the boundaries of what that entails. Thumbs up to all the committee members over the 68 years, a wonderful contribution to the community.

Recently the Cecily McGuire units were demolished to make way for new units. This development was kick started with a contribution via local government funding under the Royalties for Regions Scheme (\$500,000) and a \$50,000 donation from the Shire. The Rotary Club have also provided generous funding for necessary upgrades.

The supreme effort to set up Dunreath seventy years ago should not be forgotten. Currently there are 47 cottages, and Ike Doust Way will remain as one of the reminders of the force behind the founding of this valuable housing complex. Our photograph is of proud descendants of Ike Doust, who have every right to be proud. Thank you to those hard working people back in the early 1950s and for the continued community support through the years.

Kathy Hill



Photo By Tracey Bingham

Descendants of Ike Doust

Tyler Ipsen, Tony Ipsen, Gary Ryan, Terri Moss, Rhett Moss

THE MANJIMUP BLUEGRASS & OLD TIME MUSIC WEEKEND PRESENTED BY ACT, BELONG, COMMIT SEPTEMBER 26-28TH 2020.

Manjimup has been hosting Bluegrass enthusiasts for the last eight years, the first in 2012, which was a weekend event including community involvement in daytime activities. In recent years the weekend has toned down, and concentrated on simply letting the music roll around town.

This year because of the COVID19 shut down period there is increased interest from musicians when they have heard about Manjimup's Bluegrass event and they are champing at the bit to be here and to be involved. This means Manjimup will definitely be an exciting music hub at the end of September. Warren Arts Council President Mary Nixon has taken up the challenge to make it a top event, and has sourced funding from Healthway via the Act Belong Commit campaign.

There's a Bluegrass warm up planned for August 29th at Tall Timbers, 3 to 5 pm. It is expected to be an enthusiastic jam session, bringing a happy note to town. Everyone welcome, bring your instrument and join in or just enjoy the music.

Plans are afoot for a lot of activity in the Brockman Street area on Saturday September 26th, bringing our outdoor entertainment area to life. Make it, bake it, grow it market stall holders are invited to come along, there will be music jam sessions, and two visiting ukulele groups will be strumming out their happy tunes, you will be able to join in and sing along with them. Then in the afternoon there will be a concert in the town hall featuring *Bluegrass Parkway*, who are lauded as the best Bluegrass group in Australia, fortunately they're based in Perth. Many will remember *Bluegrass Parkway* being here in 2012, they were extremely popular. And as well as making music for us to enjoy they will be holding music workshops. Also, The Wayward Earls, WA based, featuring Rod Vervest, Peter Grayling, Bob Lepinski will be joining in the music making and adding their expertise to the workshops and jams.

It is anticipated that a lot of visitors will be in town, and with restrictions having limited many events this year it will be a grand opportunity to enjoy a weekend of fun, with the wonderful world of music. A great opportunity for us to show off what our town, and our community has to offer. If you would like to be involved, pop in and chat to Alan at Vetted Books or Mary at Manjim-UPCYCLING. Community groups and volunteer involvement will be key to the weekend's success.

Make a note to keep the long weekend free to join in the event, and help put Manjimup on the Bluegrass map! *Kathy Hill*



Photo supplied by Marie Nixon

Liz's



Kitchen Rules

CURRENT BISCUIITS

Currents are dried berries of the small, sweet seedless grape cultivar Black Corinth (*Vitis vinifera*). They are no relation to the black, red or white currents that we grow in our gardens.

Currents have been around for a long time, written about in 75AD by Pliny the Elder who seemed quite fond of these tiny grapes. They were traded between Venetian merchants and Greek growers from the Ionian coasts. The English discovered them in the 14th century, they were sold in markets as Reysyns de Corauntz, (Raisins of Corinth), named after the Greek harbour they were exported from. Greece is still the primary producer of currents, amounting to about 80% of total world production, with California, South Africa and Australia sharing most of the remainder. Most of Australia's dried fruits are grown in the Sunraysia area of northwest Victoria and southwest New South Wales. Small amounts are grown in South Australia and Western Australia.

Australian grapes are dried naturally, without the use of sulphur. The sun slowly removes moisture from the fruit and the goodness is sealed in. It takes more than 4kg of fresh grapes to produce 1kg of dried fruit.

Alongside raisins and sultanas currents feature heavily in a wide variety of traditional recipes, ranging from fruitcake, current buns, teacakes, bread and butter pudding and of course Christmas pudding and mince pies. You can find them in the shops packaged on their own or with raisins and sultanas in mixed fruit. Unlike black currents, currents are not a significant source of vitamin C. Although the grape variety is small, currents are high in nutritional value. They are an excellent source of dietary fibre and natural sugars and have three times the antioxidant levels of sultanas.

All good reasons to make a batch of biscuits!

CURRENT COOKIES

Ingredients: 125g butter, 1 teaspoon grated lemon rind, ½ cup sugar, 1 beaten egg, ½ cup SR flour, 1 1/2 cups plain flour, 3 tablespoons custard powder, pinch nutmeg, 3 tablespoons currents.

Method: Beat together butter, lemon rind and sugar, gradually beat in the beaten egg. Sift together flours, custard powder and nutmeg, stir in, then fold in the currents, Form into a ball, wrap and chill in the refrigerator for 30 minutes. Roll out dough thinly, cut into rounds with a biscuit cutter. Place on oven trays lined with baking paper. Bake in a moderate oven 170 – 180 deg for about 12 to 15 minutes. Leave to cool and remove from trays, they will keep well in a sealed airtight container. Perfect with morning coffee!



MANJIMUP REPAIR CAFÉ - TOSS IT? NO WAY!

Shire of Manjimup Home and Community Care (MHCC) would like to invite you to be involved in an exciting community initiative: **The Manjimup Repair Café Pilot - Toss it? No Way!** funded by the Department for Communities and hosted by MHCC.

The **Manjimup Repair Café** is a free meeting place which is all about repairing things. Any community member is encouraged to bring their broken items from home to be repaired by handy, practical or skilled community volunteers. Specifically the Repair Café aims to engage socially isolated individuals, particularly seniors and those living with dementia. Even if attendees have nothing to repair, they can still enjoy homemade refreshments, lend a hand with a repair job and even acquire new skills.

In addition the **Manjimup Repair Café** aims to mitigate in a small way the volume of things that are being thrown away and ending up in landfill; it will teach people to see their possessions in a new light and once again to appreciate their value and kindle their enthusiasm for a more sustainable society.

The **Manjimup Repair Café** is a pilot project which we believe will provide an innovative way to implement the positive, age and dementia friendly desired outcomes of, but not limited to; a more inclusive community; a community which promotes the contribution of older people and people living with dementia; improved feelings of self-esteem in individuals and; alleviation of isolation and loneliness in vulnerable and marginalised people.

In order for the pilot **Manjimup Repair Café** to be successful and to determine its long term viability, we need to establish a volunteer team therefore **we invite interested individuals to support, promote or participate in this community initiative in any way you can.**

We anticipate the following **Volunteer positions will be available:**

Volunteer fixers- Help with fixing, repairing and mending household items within their remit of



skills, and helping others to learn new skills.

Greeters - Help to set up the Repair Café, be ready with a smile to greet and guide visitors and assist at the registration desk.

Supporters - Help with making teas and coffees, finding/moving equipment and consumables during the Repair Café and other jobs as required.

Donations - As well as volunteers we are seeking donations of tools and materials such as haberdashery and clothing repair items, batteries, bike repair equipment and small hand/ electrical tools etc.

Event dates - The **Manjimup Repair Café** will operate monthly between **10.00am and 1.00pm** at the Wellness and Respite Community Centre, 1A Edwards Street, Manjimup on the following dates (subject to change): **Mon 7th Sept 2020, Mon 5th Oct 2020, Mon 2nd Nov 2020, Mon 7th Dec 2020, Mon 1st Feb 2021, Mon 8th March 2021.**

We acknowledge the involvement of community groups, which are to date, the Community Resource Centre, The Men's Shed, Lions Club, University of the Third Age, Southern Roasting Co and locals Sue Edmonds, and Derene and Laurie McGregor.

If you have any questions regarding the **Manjimup Repair Café** please contact **Lisa White** on **9771 6900** or **Jacqui Tibbits** on **0419 948 077**. Alternatively email: lisa.white@manjimup.wa.gov.au or Jacqui.tibbits@bigpond.com

Jacqui Tibbits

WHAT WE LOVE ABOUT MANJIMUP



Photo by Tracey Bingham

CATS

Cats are either loved or hated or so it would appear, personally I am a cat lover and I do see the need for being a responsible cat owner, your beloved pet should not be a nuisance to others who may not regard your fluffy companion the way that you do.

The Cat Act of 2011 was introduced by our State Government with the aim of reducing the number of unwanted cats and encouraging responsible pet ownership. If your cat is over the age of six months it must be microchipped, wearing a collar and registration tags, sterilised (unless being used for breeding by an approved cat breeder) and registered with your local Shire. Registration forms can be downloaded from the Shire website.



Photo & story By Liz Coley

Proposed new cat laws within the Shire of Manjimup are now available for public consultation, it is worthwhile checking these changes as to be in breach of the conditions could result in a fine. If you have a cat coming into your yard and being a nuisance, have a friendly chat with your neighbour, after all they may not be aware that your pet has decided that next door is more attractive than your house. The Shire Rangers are available to help if needed and of course they must act according to the law.

Australia does have a problem with feral cats which prey on our native wildlife, research has shown that a feral cat in the bush, on average, would kill about 740 animals per year, a domesticated cat about 75 animals per year. Feral cats can grow to a large size and are versatile predators who will adapt to any habitat, they are also prolific breeders which compounds the problem.

If you are a cat lover, please follow the rules and be responsible, a safe cat is a happy cat!

PORTRAIT OF AUSTRALIA: Stories through the lens of Australian Geographic

While we were in our Covid19 isolation, stay home time, the Manjimup Library team were busy organising an exhibition for us to enjoy when the restrictions lifted. And that time has now arrived. Stories through the lens of Australian Geographic is a spectacular, stunning display of large format photographic prints detailing iconic stories from Australia's outback, bush and coast, featuring Australian Geographic's 30 years of unparalleled photographic coverage of Australia's land, nature and people.

"The exhibition celebrates the bush, the outback, the coast and the people who live and work there. Featuring stunning photographs from Australian Geographic's archive that will transport viewers to some of the most rugged and remote parts of the country to discover the remarkable stories of ordinary Australians", said National Museum Director, Dr Matthew Trinca.

"This exhibition speaks of beauty, resilience and the indomitable Australian spirit. It also demonstrates that despite these unprecedented times, our travel opportunities are far from limited," said Shire President, Paul Omodei.

We recommend you don't miss this exhibition, at Manjimup Art Gallery, open during Manjimup Library hours, Monday to Saturday, July 24th to August 22nd.

Kathy Hill



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