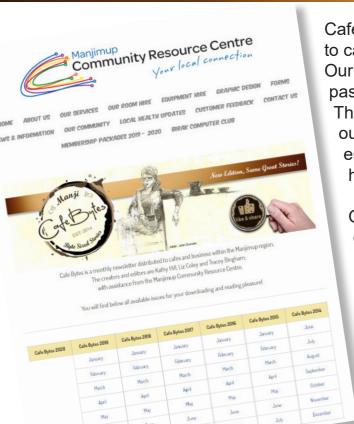


# WHAT'S NEW @ MANJIMUP.CRC.NET.AU



Cafe Bytes is our monthly newsletter distributed FREE to cafes and business within the Manjimup region. Our first edition went to press in June 2014, we are past our 70th edition.

The Cafe Bytes Team always welcome suggestions for our newsletter and we were delighted to receive inter esting stories from some of our local schools last year, highlighting our younger community.

Online you will find **all** issues ever created for your downloading and reading pleasure!

# Go to:

https://www.manjimup.crc.net.au/cafe-bytes.html

We hope you enjoy!



**WHO ARE WE?** The Bytes Team who bring you this publication are: Yarn Spinners, Liz Coley & Kathy Hill.

Contribute your story to us: manjicafebytes@gmail.com
Design: Tracey Bingham

Editorial Responsibility: Jane Giles (08) 9777 2774 or volunteer@manjimup.org.au Funded and Printed by The Manjimup Community Resource Centre.



# Edition 71 - April 2020 FREE - ALSO AVAILABLE ONLINE

Quote for February.

"Happiness is when what you think, what you say, and what you do

are in harmony - Mahatma Ghandi (1869-1948))

Chat subject for February.

Do you have any family traditions, if so, what are they?

elcome to our April interim newsletter, an online edition only. With all the cafes and other outlets closed there is no demand for paper copies. We wanted to honour Anzac Day as has been our tradition. Our grateful thanks to Clare Bailey for contributing her very interesting account of a local member of Australian Women's Land Army.

We hope everyone is staying safe and well, and coping with the social distancing, self isolation and fear. We have been fortunate in our area not to have joined the statistics of confirmed cases. May that continue. Our gratitude goes to all the essential service people who are continuing to keep the community afloat, we hope you are feeling appreciated. Hats off also to the parents who are home schooling their children, a new challenge being experienced.

# THOSE THAT SIZE UP



AWLA Officers' Training Course, 1944, Cottesloe Leave House. Left-Right: Kath Egan (Mahringer), Nance Richards (Chapman), Thelma Bennett. Photo Courtesy: The West Australian.

did it all.

In times such as these, with such global uncertainty, change and fear, there are always those that step up to meet the challenge and help out. Today we applaud the efforts of the "essential services" - the health, retail, education, transport and

utility workers - all those that are on the frontline battling the war with Covid-19.

In times gone by, as we have engaged in World Wars, similarly, there are those that step up voluntarily to defend the rest of us and to keep our nation ticking along. We acknowledge all those that were on the frontline, putting their lives at risk – each and every one, we owe our gratitude to. But there was another group that played a big part in keeping the South West of our state going, during the years 1942-1945, often unacknowledged.

In November 1941 with the sinking of the HMAS Sydney off the north-west coast of WA and then in December with Japan joining World War II, the war was in our own backyard – not just merely an overseas and distant battle. The call to arms drew hundreds if not thousands of young and able-bodied men off the farms and orchards locally, to defend our nation. With far fewer people to draw on to plant and harvest the crops, tend the livestock and work the farms, our local farmers, district and in fact nation, were running the very real risk of not being able to feed themselves let alone the thousands of British and American troops that were stationed in Australia.

Very rapidly state and private women's land organisations were established to try and fill the gap. In WA there were several being established at the same time – one of those by the CWA and another by the Women's Australian National Service (WANS). By June 1942 it was determined that over 70,000 fewer men were working on the land national-wide and so there was a need for a national service to step in. This saw the creation of the Australian Women's Land Army (ALWA) in July 1942, which then incorporated all the previously formed state and private land organisations.

These women were aged 16 and over, drawn from all over the state, to step up and fill the shoes of the men that had gone to battle, eager to do their part in support of the war effort. Many of them were city girls, who had never set foot on a farm before, so there was a serious learning curve for many of them.

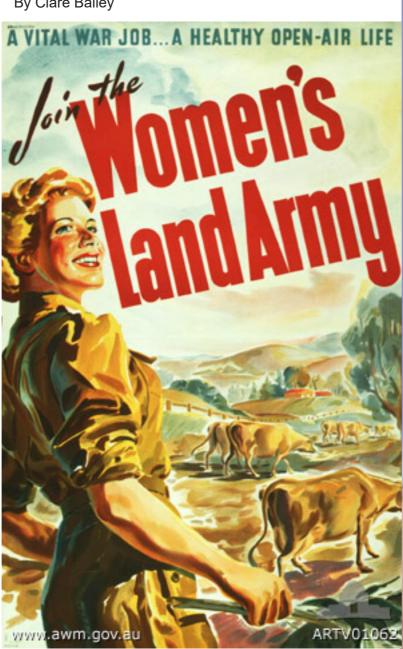
One of these eager young girls was Nance Richards (my husband's maternal grandmother), who was raised in the Goldfields of WA, who started out in January 1942 as a WANS girl at the age of 16, then continued through to the end of the war with the AWLA. She had spent her early years on a farm in Southern Cross, so knew a little of what she was getting herself into. She saw a lot of the South West and Wheatbelt during her time, with postings at the Michelides tobacco farms in Pemberton and Manjimup, flax harvest and milling in Boyup Brook, a mixed farm in Narrogin, another in Cuballing and the vineyards in the Swan Valley. It was expected that she would do whatever the men would have done on the farm before they left milking cows, planting and harvesting tobacco or hops, maintaining the rabbit-proof fence, milling, stock care – she

Nance talked of when she was first sent to the tobacco plantations that operated locally, with the girls having to provide their own clothing, bedding and towels. Tobacco planting would often occur in the rain and they couldn't afford raincoats, so fashioned ponchos from a wheat bag cut to fit over their head and shoulders. Boots were another expense they couldn't afford and the fields so wet and muddy, that working barefoot was easier. The accommodation was often poor,

simply a tin shed with no washing facilities - they bathed in a nearby creek. Over time facilities improved and conditions were better. Yet despite all the hardships, the hard work and cold, they still had a lot of fun and enjoyed the comradery of the girls they worked together with. They made their own fun -fishing, playing card games, snakes and ladders and playing jokes on one

Nance maintained that she spent the best years of her life with the Australian Women's Land Army and for her hard work and sacrifice, doing her bit for our district and the war effort, I say thank you.

By Clare Bailey





#### WARMTH IN OUR COMMUNITY



e can't produce a Café Bytes during this never before, out of the ordinary way of life we are experiencing, without noting a few observations of our community.

We are seeing the best and the worst, and I am grateful not to have been around the worst, the few stories I have heard of rude customers to our obliging essential services staff leave me extremely grateful I don't live with those ignorant ones. They must be very unhappy is the only excuse I can think of. What I have soaked up is all the goodness in our community. Tracy Lambert, working with SVDP, was overwhelmed with the generosity that came forward when she put out a request for help to assist those finding it tough, she was swamped with donations. To quote Tracy, "We are available to help people in need. Food hampers mostly but if anyone is struggling with other things they shouldn't hesitate to contact us and we can see if we can help, which we mostly can, or put them in the right direction. Contact SVDP Emergency Relief by leaving a message on 9777 1014. No one in the community should go hungry! Locals and visitors alike. Don't hesitate to contact us." Thank youTracy, how lucky we are to have this generosity in our community.

Currently the Manjimup Hotel with their offer to house and employ backpackers has had many locals step forward with donations of food. So if this nightmare has only done one positive thing it has brought a lot of the community together, sharing and caring.

The fun gem for Easter weekend was the Easter Egg hunt, organised by a few and enjoyed by many. And here I quote Sherrilynn Wakefield. "There are many challenges to come out of this trying time, but there are also some great aspects of humanity/kindness/understanding as well. And with Easter egg hunts put on pause because of the new social distancing guidelines, plus school closures and kids not allowed to play team sports or see their friends, it was upsetting to think another celebration, i.e. annual tradition, wasn't going to go ahead. So that's where the community egg hunt came in. Our team – a few of the Manjimup Running Mums group – made paper mache eggs and decorations, mapped out the pathway, chalked the paths and went about 'egging' the course. We wanted to focus on adhering to social distancing rules whilst getting kids out of the house and bringing them a sense of wonder and excitement. Some businesses also got involved with egg decorations." Thank you to Team Egg Hunt: Sharon Johnson, Julia Green, Sherrilynn Wakefield, Jodie Pearce, Jess Mc-Neven. A fantastic initiative.

Kathy Hill Photos supplied by Jody Pearce.





# **Our Current Projects**

Log Bogie - Final Restoration

#### **Ongoing Projects**

- · Chicken Boxes
- **Cutting Boards**
- Furniture Repairs
- Wooden Toys for Sale

# Come down for a look and a visit

Tues & Thurs 8:30am - 3:00pm Wed 9:0am - 12:0pm

Shed Enquiries: 08 9772 4554



or go to: www.manjimup.crc.net.au

The Birak 'Beer-ok' Computer Club will enable our customers to have the confidence dealing with their government services through their MyGov accounts.

#### Services include:

- Centrelink,
- Medicare
- **DOTransport Practice Tests**
- Jobactive General assistance



# **MEMORIAL GATEWAY**

t is likely that we have become so accustomed to driving through the impressive stone gateway into Imperials football field that we don't give a second thought to what the gate is actually about. It has stood there for 96 years, being built around the same time as St Martin's Anglican Church and St Joseph's Catholic Church, so that part of town would have been a hive of building activity in 1924. Research in Trove digital newspapers revealed the following:

8th May 1924. South West Times. UNVEILING SOLDIERS' MEMORIAL.

The Warren Districts memorial to its soldiers was unveiled by His Excellency, the Governor, on Easter Monday afternoon. The Committee which has the matter in hand have apparently pleased everyone as to the form of the memorial. We have quite close to the town what will be one of the finest recreation ground in the South West, and it was a wide determination of the Memorial Committee to erect the memorial gates at the entrance to the grounds, facing Brockman Street.

The massive iron gates will swing on two large stone pillars, and on each side of these large pillars will be a smaller one, making provision for turnstiles. On one of the large pillars is a bronze tablet bearing the following inscription in raised letters:

"This gateway was erected by the residents of the Warren District as a grateful memorial to those who left us to take part in the Great War, 1914-1918. This tablet was unveiled by His Excellency, Sir Francis Newdegate, K.C.M.G., Governor of Western Australia, 21st April 1924."

Punctually at 4 o'clock the Governor, accompanied by Mr. James Barrie, the Chairman of the Committee, and Mr. J. Roberts, the Secretary of the Recreation Ground, ascended the platform. Mr. Barrie, in introducing the Governor, sketched briefly the means taken to erect the memorial, and then called upon the Governor to unveil the tablet. In doing so, His Excellency paid grateful tribute to Australia's part in the war, and spoke of the duty of those present to take up the work where the soldiers had left it. We, as private citizens had our work to do in helping to put the world right. He spoke of the value of these memorials to future generations, and told the boys and girls that it would be their duty to guard this memorial, and keep it free from harm.

His Excellency then unveiled the tablet and the "Last Post" was sounded by Bugler Wilkinson, during which the large assemblage stood with bared heads reverently bowed. After His Excellency had been thanked by a representative of the returned soldiers, the gathering dispersed.

The Memorial Committee probably consisted of ancestors of locals, if anyone has knowledge of the committee please let us know.

Perhaps next time you drive through the gateway you will spare a thought for its history and significance and the sadness and pride that the community would have felt on the opening day.

Story and Photo by Kathy Hill







he RSL in Manjimup work hard to bring our Anzac Day services every year. In previous years an enthusiastic crowd arrive just before 6.00am for the Dawn service and later for the 10.45am March to the Memorial for the Morning service. Due to the present restrictions Anzac Day services will not be held this year.

The Manjimup RSL Hall was built in 1939 and opened on the 16th September 1939 by A. Yeates Esq OBE. Alfred Yeates was a Viticulturist, at that time living at Millendon in the Swan Valley. He was elected as the Western Australian representative for growers in 1935. Alfred Yeates received his OBE (Officer of the Order of the British Empire) for services to ex-servicemen in the Commonwealth of Australia. The appointments were made to celebrate King George VI's official birthday and announced on 7th June 1938. A worthy appointee for the opening of the RSL Hall.

We are all encouraged to privately commemorate Anzac Day in 2020, the Service at the Australian War Memo- Spinach contains Vitamins A, B6, B9, E, C and K1, Folic acid, Iron and Calcium, Potassium and Magnesium. rial will be nationally broadcast to enable us to watch from our homes.

RSLWA is has asked us to honour our servicemen and women by stepping out on to our driveways or balconies for the Dawn Service at 5.55am. We can hold a candle or stand in quiet contemplation as we wait for sunrise. A unique tribute which is planned to take place all over Australia.

Listen out from your front gate at 6.00 am ANZAC day for Johnno Rose who will be playing the Last Post from the War Memorial on Giblett Street.

They shall grow not old, as we that are left grow old;

Age shall not weary them, nor the years condemn.

At the going down of the sun and in the morning

We will remember them.

Laurence Binyon (1869-1943).

Story and Photo by Liz Coley



To ALL Makuru Members! Mention this edition of Cafe Bytes to receive HALF PRICE Graphic Design for the Month of February.





France around the 14th century, most likely via Spain, and was a popular vegetable in early spring when fresh local produce was not as readily available. Injured WW1 French soldiers drank wine fortified with Spinach juice with the intention of stopping blood loss. It is popular addition to salads when added raw and is delicious steamed as a side vegetable.

Winter is the best time to grow English Spinach as it needs cold soil, too warm and seedlings bolt, sow seeds into a fertile soil, keep them watered, plant at two weekly intervals for continuous cropping, start picking after about 6 weeks.

All the good stuff, no wonder Popeye loved it!

#### VEGETARIAN LASAGNE

Ingredients: 1 bunch chopped spinach, ¼ cup vegetable stock (you can use vegetable stock powder and water), 2 garlic cloves crushed, 420g can diced tomatoes, 250g sliced mushrooms, 2 zucchini thinly sliced, 1 brown onion diced, 1 tablespoon olive oil, I teaspoon dried oregano, 2 teaspoon dried basil, 2 tablespoon tomato paste, 1 packet Lasagne sheets.

Cheese Sauce: 2 tablespoon butter, 2 to 3 tablespoon plain flour, 2 cups tasty cheese grated, 2 cups milk. Method: Preheat oven to 200 degrees. Heat the oil in a large pan and fry onion and garlic for 3 or 4 minutes, add tomatoes, tomato paste, mushrooms and zucchini and simmer for another 3 to 4 minutes, add basil, oregano, spinach and stock, simmer over a low heat for 10 minutes.

Cheese Sauce: Melt butter until bubbling, add the flour to make a paste, slowly add the milk whisking as you go. Add 1 and half cups of cheese. Layer the lasagne sheets in an oven dish with vegetable and cheese sauces, finishing with lasagne sheets and cheese sauce, top with the remaining grated cheese. Bake for 25 minutes or until golden and crunchy on top.

Serves 6 and can be frozen for up to 3 months.