Lions Manjimup - Jazz in the Jarrah

Congratulations to the Lions Club for organising another wonderful Jazz in the Jarrah, and although the weather wasn't in a warm summer mood, a happy appreciative crowd of around 200 gathered, rugged up warmly, and didn't let the cool air spoil the fantastic entertainment. There was a call out from the Lions Club, they are in need of more members. Please spread the word.

Kathy

Postal Chat



Having heard rumours around town that the mail delivery has been reduced to only twice per week, I checked this with my postie. She assured me that nothing has changed, and although the amount of mail to be delivered has lessened, deliveries are still daily.



INTO THE FUTURE

ENQUIRE TODAY CALL DOT JACOBS ON: 0447 149 338

Chinese New Year

Chinese New Year is a festival that celebrates the beginning of the new year on the ancient Chinese calendar, it is also referred to as the Spring Festival in Modern China. The first day of the Lunar New Year will be on Tuesday, February 5th 2019 and heralds the Year of the Pig.

The festival is one of the world's most famous and is a major holiday in China, neighbouring cultures such as the Korean New Year, the Tet of Vietnam and the Losar of Tibet owe much of their new year festivities to the Chinese influence. It is also celebrated in countries with a large Chinese population, Singapore, Indonesia, Malaysia and Cambodia among others will be joining in the revelries.

As China is such a large country, regional customs and traditions vary widely but the evening preceding Chinese New Year's Day is generally regarded as time for families to gather for a reunion dinner. Every family thoroughly cleans their house to sweep away any ill fortune and to allow good luck to enter. Windows and doors are decorated with red paper cut outs and lucky charms, fireworks are lit and money given in red paper envelopes. All these people trying to get home makes for the largest annual migration on our planet, it is the peak time for travel within the country and millions are expected to journey by train, bus, air and any other means they can find to be home with family for new

So what can we expect from the Year of the Pig?

It is forecast to be a better year than 2018, Pig years are widely regarded in the Chinese celestial calendar as they are believed to usher in a time of abundance. There will be a lightning of mood and a relaxed feeling in the air, we can expect a calmer year with the emphasis on life's little luxuries such as entertainment, feel good treats and lazy days in

Just to make sure you don't miss out, wearing red may attract money, pink will help to bring love your way, put that prosperity pig on display and hang a few lucky charms around, make sure your rice, sugar and salt containers are full and who knows what may happen!

Liz





Welcome to our warm February Newsletter, we hope you are enjoying the summer sunshine and longer days. The make-over in Brockman Street will be sure to cause some inconvenience while it is happening, but will be worth it in the end. We will just need to be patient, and remember to make the effort to find our way to the businesses caught up in the middle of the confusion.

School is back, let's hope everyone settles swiftly and smoothly into the new scholastic year.

Bushfire Safety

Come into the Manjimup CRC and ask for your Bushfire Preparation Toolkit

The lower south west is renowned for its spectacular scenery and beautiful forests, however there is a down side to being surrounded by bushland, it does make our area a fire risk.

Residents in rural areas rely on local Bush Fire brigades for protection should a fire develop in their community. There are almost 20,000 bush fire service volunteers in WA helping to keep us safe during the bushfire season, they are trained to operate equipment, vehicles and appliances should the need arise. Our thanks go out to all these volunteers for their time and effort during bushfire season.

In the event of a fire developing near you would you be bushfire ready?

DFES is asking this question, they have a five minute fire chat on their website to allow you to ascertain the risks to your property. Well worth doing as being prepared can help save lives and homes.

For more information: go to the DFES website.

Quote for February:

"All you need is love. But a little chocolate now and then doesn't hurt!" - Charles M Schulz (1922-2000)



WHAT DOES IT MEAN? YOU MUST NOT:

- · Light, maintain or use a fire in the open air.
- · Carry out an activity in the open air that causes or is likely to cause a fire.

Chat subject for February:

What is a talent that you would love to have?



WHO ARE WE? The Bytes Team who bring you this publication are: Yarn Spinners, Liz Coley & Kathy Hill. Contribute your story to us: manjicafebytes@gmail.com Design: Tracey Bingham & Adam Purdy Editorial Responsibility: Kayla Williams (08) 9777 2774 kayla@manjimup.org.au Funded and Printed by The Manjimup Community Resource Centre.

True Grit Rewarded with Spectacular Sights and Sense of Achievement

Year 5 and 6 students from East Manjimup Primary School (EMPS) showed what they were made of during their end of year excursion hike to the summit of Bluff Knoll

43 students and 17 staff and volunteers demonstrated the EMPS motto 'Strive to Succeed' in the majestic surroundings of the Stirling Ranges in the year's culminating fitness challenge. Leading up to the day of the climb, children had been building their strength, stamina and mental grit through a range of fitness activities that had them regularly aiming to improve their personal best records.

Students monitored mountain forecasts closely in the weeks leading up to the climb and hoped for pleasant conditions.

The sun shone and the light breeze and moderate temperature made for very enjoyable climbing.

On the day it was all about helping each other get to the top and not giving up. Children were taking turns carrying each other's bags and cheering classmates on when a little more encouragement was needed to keep going. When asked about what they learned from the day Brett Toigo said, "I learned that you can achieve any goal that you set your mind to." Levi Chapman explained that now "I know to always try things out" and according to Natalie Moore the best part of the day was how proud she felt when she reached the top. Montana Hort said, "The views and the wild-life were magnificent."

This adventure was made possible by a dedicated team of adults, and we are very fortunate to have incredibly supportive staff and parent groups at EMPS that allow activities like this to be organised for students. Our wonderful volunteers included Mark Sewell, Wade Halden, Sam Halden, Gavin and Sharmain Hort, Julia Green, Kylie Parke, Chris Fishwick and Holly Bamess. Staff who volunteered many extra hours on the day were Sue McCreddon, Catherine Bamess, Jess Bates, Kristy Hughes, Brenda and Rory Percival and our Principal, Michael Smith. Climbing Bluff Knoll is a challenge and quite physically gruelling in parts. At the end of the hike, back at the bus, the

Climbing Bluff Knoll is a challenge and quite physically gruelling in parts. At the end of the hike, back at the bus, the cheering was loud and the smiles wide as children and adults alike enjoyed their success of the day. The mood on the coach was very jubilant indeed with the return trip far less quiet than expected.

By Arianne Frichot.



Students and volunteers enjoy a rest and the majestic views at the summit. Photo courtesy of Mark Sewell.

FLAMING FON

The Manjimup Repertory Club will be starting rehearsals early in February for the stage performance of Her Latest Flame. Written by two locals, script writer & lyricist, Rose Ferrell, Musical score by Jacqueline Verhaar.

It's a romantic adult musical comedy, set in an Australian Country town in the 1980s, celebrating love, music and dance. Performances will be over two weekends, May 17th and 24th and promise to be super entertaining - a fun night out pretty much guaranteed. You will be sure to know some on the stage, as there's been a wide call out for auditions for performers.

So, mark it on your calendar.

And Contact Rose if you have any questions on:

Mobile: 0437 485 237

or email: rosieglow@westnet.com.au



Carol is a young woman who doubts how serious her boyfriend is about their relationship...

- until she discovers his secret passions.

Liz's Kitchen Rules

There is no mistaking the distinct aroma of a fresh ripe passion fruit, the exotic fragrance brings the scent of the tropics and the jewel like fruit has a taste like no other.

The Passiflora family includes a number of species, some grown for their vines and spectacular flowers, others for their delicious fruit. The edible varieties (Passiflora edulis) which includes purple and yellow passion fruit are the most commonly grown. Like many other fruits and vegetables familiar to us today, they originated in South America where the majority of species are found. Passion fruit maracuja, a small pink fruit, is cultivated all over the Caribbean and used mainly for juice. Sweet granadilla (P. ligularis is another widely grown variety, Banana passion fruit (P. tripartita) are not as common as they are a little harder to grown on a commercial basis.

Passion fruit vines are strong, vigorous climbers which require a spot out in the open with plenty of sunshine and a strong structure to ramble over. They require a well drained soil, give them a good watering when planting and a handful of pelletised chicken manure, they take about 18 months to produce a good crop, after that, provided you keep up the food and water and give a light pruning in late winter/early spring they will reward you with delicious fruit for several seasons. Varieties to look out for are Panama Gold, big fruit and a golden yellow colour, Panama Red, large fruit and red skinned and the ever popular Nelly Kelly, deep purple fruit and probably the most suited for our south west corner of Western Australia.

Passion fruit is rich in vitamin C and alpha-carotene which helps to boost immunity, it also contains iron, riboflavin and niacin, all the good things.

Passion Fruit Cake

Ingredients: 200g butter (chopped at room temperature), ¾ cup caster sugar, I teaspoon vanilla essence, 3 eggs, 1 3/4 cup SR flour, ½ cup milk, pulp from 3 passion fruit. For the icing: 2 cups icing sugar, 50g butter, 2 tablespoons milk.

Method: Line a 20cm round cake tin with baking paper, extending 2cm above the sides. Beat butter, sugar and vanilla together in bowl, until light and fluffy, add eggs one at a time until combined. Add sifted flour, milk and passion fruit and stir well until smooth. Spoon into prepared tin, cook at 160degC for 50 minutes, test with a skewer and if it comes out clean your cake is done. Remove from the oven and stand cake in tin for 15 minutes, turn out on to a wire rack to cool completely. Place icing sugar, butter and milk in a small bowl and beat until smooth. Spread over top of cake, extra passion fruit pulp can be drizzled over the top.



Manjimup Art Gallery Exhibition

February 7th to 28th

Freedom of Expression. Works by Aimee Dickson and Joni Marlow.

Two women, two friends, two local artists, showcasing their creative talent to delight all ages with their colour, freshness and imagination.

A very special exhibition displaying unique work by Northcliffe's Aimee Dickson and Manjimup's Joni Marlow, which will show us that having a disability hasn't stopped them from achieving. They have both put their talents to work and produced some amazing art, well worth stopping by the gallery to view. Hats off to these two talented artists.

Kathy



Flying High

The Wedge tailed Eagle is a spectacular sight as it soars higher into the sky, instantly recognisable by its long wedge shaped tail and with a wingspan of 2.3m, it is Australia's largest bird of prey.

The birds can inhabit coastal areas and mountain ranges, but wooded land and open country is their preferred habitat, as they like to build a nest in a tall tree with a good view of the surrounding countryside. Wedge tailed Eagles are monogamous and mate for life, although if one of the pair dies, the survivor will find a new mate. Nests are large structures of dead sticks, 1.8m across, 3m deep and have a shallow cup on top which is lined with fresh twigs and leaves. Nests are reused for years and both parents share in nest building, sitting on eggs and feeding of the young hatchlings. Eggs are laid at intervals of two to four days which means that they do not hatch simultaneously, the first chick is usually the largest, they generally only raise one baby per clutch, sometimes two in a good year when food is plentiful. Simon Cherriman, (known as Eagle man), Murdoch University PhD candidate, scaled a 20m Jarrah tree in the Perth hills in October 2017 to catch a young flightless eagle with his bare hands, the bird named Djoorabiddi, was fitted with a satellite tracker as part of a research project. The young eagle left his home range on March 25th 2018 and was 30km north of Uluru by April 25th, arriving at Lake Argyle on May 7th. Simon knows a lot about eagles but he was left in awe at the vast distance covered within a few weeks.

Djoorabiddi stayed around Lake Argyle for the wet season, leaving the area on November 12th, the return flight took him over the Bungle Bungles, past Newman and across the Wheatbelt. The young bird had reached the Southern coast by the end of the month, visiting Albany, Walpole and Manjimup before following the coast back to Perth. He returned to the Perth hills on December 13th roosting about 1 km from the nest where he was raised. Highlights of this long journey include: altitude 3km-plus, diving speed 100kmh and distance covered 500km in a day.

The wedge-tailed eagle is a protected species in Australia as numbers have declined due to a belief they were killing young lambs, scientific evidence shows that the bird does very little harm to livestock, rabbits comprise most of their diet when they are available and they will feed on carrion, such as roadkill. Snakes and lizards provide up to 18% of their food intake. These beautiful birds were persecuted for many years and bounties were offered for dead eagles, large numbers were poisoned or shot, about 147,000 in Western Australia between 1928-1968.

Next time you see one of these majestic birds soaring high above the

trees, have a closer look it might be Djoorabiddi!

For further information go to iNSiGHT Ornithology www.simoncherriman.com

Liz

The Price of Love

"That's the price of love, the price of love".... Bryan Ferry was serenading us in 1976 and two decades earlier the Everley Brothers were sending out the same message in 1958. Maybe not all the song lyrics are applicable but it seems that love does have a price and Australians are not immune when it comes to Valentine's Day spending on loved ones. We are predicted to hand over 20 million dollars this year on cards, flowers and gifts and all for love, florists and jewellery stores can expect a whopping increase in sales and restaurants booked for romantic candlelight dinners. Jewellery still tops the list as being one of the most popular ways to say I love you, red and pink roses are the top pick for flowers, chocolates are always a favourite, a heart shaped box of these is definitely a winner.

The most romantic group are the 26-35-year olds, with the youngsters 18 to 25 not far behind, it seems that a large percentage of baby boomers prefer to forget the day altogether, maybe it's a case of been there, done that? Queenslanders are the most likely state in Australia to ignore Valentine's day, followed by Victorians and South Australians, obviously our hearts flutter best in the west!

If you are looking for something out of this world to impress your heart's desire you can view the earth from a space capsule that goes 30 km in height plus a visit to the Miramar resort in Arizona, \$90,000 and it's up and away. Perhaps you would like to create your own two unique bottles of whiskey with a three-day trip to Stitzel-Weller distillery in Louisville, travel, meals and a VIP tour of the distillery thrown in. In addition, 24 bottles of whiskey, leather bound book, eight crystal glasses and a copper bar set, a steal at \$125,000, what more could you ask for? An Arch motorcycle from the famous KRGT company is sure to get your heart hammering as you zoom along the highway with the V-twin engine sliding into top gear, first class air travel, private car and accommodation at Shutters Resort, \$150,000 for this one makes the rest sound like a bargain.

All of those sound awesome and I wouldn't say no to any of them, but I'll settle for someone who pours me a nice glass of red wine and does the dishes, now that's romantic!

Liz

