

Who are we? The Bytes Team who bring you this publication are:

Rae Starr, Manjimup CRC
community@manjimup.org.au

Liz Coley & Kathy Hill
Yarn Spinners
manjicafeytes@gmail.com

Design: Tracey Bingham
Manjimup CRC: Clancy Utech



Artist : John Duncan

FREE

Issue 20 January 2016

Manji Cafe Bytes

SAYING FOR THE MONTH

Wherever you go, go with

All your heart.

Confucius

CHAT SUBJECT

It's time for New Year resolutions, which one are you most likely to keep this year?



Welcome to January Twenty Sixteen, a brand new year, with all the ups and downs it will hold. A blank page of adventures, waiting to be revealed.

Our gratitude extended to Jon Doust for supplying his report on 2015's highly successful Cherry Harmony Festival. Also, many thanks to Don Faulks for the information he provided for our story on his Grandmother, Anne McKay, a very special pioneer of this district.

Don't forget the Australia Day celebrations will be at Northcliffe this year, keep an eye out for the ceremony time. We wish everyone a fantastic year, lots of success in your ventures and lots of fun along the way.

We always welcome your ideas at manjicafeytes@gmail.com and copies are also online at <http://www.manjimup.crc.net.au>.



History Worthy of Remembrance An Inspirational Life

The recent Anne McKay Rotary and Shire Address by Professor Lyn Beasley drew attention to inspiring women currently in our state, with comparisons to what an equally inspiring early settler in our district, Anne McKay (picture above), achieved in the early days of our community.

Perhaps it is time we recalled some of those achievements.

Anne came to the Manjimup area with her husband Don McKay in 1913, first living in Palgarup and working in the mill. Palgarup mill closed and Don found work at Deannmill. He built a home for his family nearby. Not long after though, their life changed completely, with Don having a serious work accident, which hospitalised him for months and ended his days of manual work. So new avenues of income had to be sought to support his wife and daughter Kathleen.

They built a small hut in Manjimup.

Written in Mrs McKay's memoirs: "With the compo money we got some timber from the State Mill and built a little shop where the National Bank is today and we sold cakes of soap and fancy goods, and Don became a barber. I took in washing for four men. Then we shifted to a new shop that Johnson had built next door to the trading Co." They moved to a few different shops, next door to the little Post office just down from the Trading Co, then down to Muirs shop. "I used to make 50 varieties of sweets after the girls had gone to bed and sold them the next day at the shop. We had the first drapery shop in Manjimup. Then I sold pianos, gramophones and seedlings, so I was kept busy. I opened the first show room in Manjimup. Things were getting really desperate by this time. We also made paper flowers and violets to sell. There were not enough people here to buy much, but I had learned floral work at night school in England, I was the only florist here and as I had a large garden I always had plenty of flowers. I taught Kathleen how to do bouquets and was able to pay for our house much quicker than we thought." (Kathleen was Anne's eldest daughter, mother of Don Faulks who many locals will know.)

In the late 1920's they purchased a newly built premises next to the Manjimup Hotel

During the 1930s depression years, Anne had one of the first restaurants in Manjimup called "Anne's Kitchen", (where Farmhouse Pizza is now), she also assisted with her husband's business a "Paddy's Market" and Auction rooms next door to Annie's Kitchen, which gave people with little money the opportunity to barter goods and produce, as a means of survival during those hard years. Don developed a General Agency and Hardware Business which became Don McKay and Co after the depression

Paddy's Market was where ManjimUP-CYCLING and the new Manjimup Sunday Markets is now.

It is one hundred years this year since the McKay's started their first business. They became very successful over the years, while still maintaining a close connection with community affairs.

During those early years, Anne McKay had witnessed the hard life of many young wives of farmers and mill workers who had no family support nearby and very little money. She started the CWA in Manjimup, which built rooms that provided young out of town mothers a place to attend to their children during trips to town. Plus she helped form 15 more CWA branches in the South West, and was made a Life Member of the Association.

In 1945 Anne helped establish Girl Guides in Manjimup. In 1948 she was elected the first woman on the Manjimup Road Board. That would have been a very big step back in those days! She worked towards Manjimup Primary School in Rutherford Street coming to fruition and was inaugural P&C President. She was also on the Manjimup Kindergarten building committee.

Anne was a foundation member of the first board of the Warren District Hospital and was instrumental in establishing and building the Manjimup Infant Health Centre. She and Don worked hard on committees raising money and planning for community facilities and events such as the Town Hall, Recreation Ground and Warren Agricultural annual shows. The Red Cross and Anglican Church were also strongly supported. A keen gardener and expert at cooking and craft she was always willing to share her knowledge and experience with anyone, particularly young people.

In 1960 Anne was asked to select roses for the Manjimup Sanctuary's gardens (Now Timber Park), the roses were later transplanted into the Anne McKay Memorial Garden in Coronation Park.

Anne McKay passed away in August 1984. She had seen Manjimup grow from a sleeper cutters' camp to a thriving rural centre, she helped immensely in forming a lot of what we have in our community today.

With this impressive record she definitely deserves Professor Beasley's compliments.

We feel it highly appropriate that the community still applauds and honours this amazing lady.

Well Done!

Thumbs Up! Being in town on Saturday of the Cherry Festival was pretty awesome, so many people, so much activity.

And driving through town at 6pm was another amazing sight. All those people who had been milling around earlier were no longer to be seen, hardly a person was in sight. And how wonderful to see not a scrap of rubbish in view, not a thing out of place.

Congratulations to everyone involved in doing such a fantastic clean up!

Manjimup Cherry Harmony Festival 2015

The Cherry Harmony festival always starts early for me and Roy Piggott. I arrive in Manjimup on the Tuesday and Roy and I plot the annual media drop in Bunbury, where we harangue GWN, Radio West and the ABC for free air-time as we entice them with fresh, free cherries.

Every year we encounter someone who says: "I don't like cherries." We have never failed to win them over with a fleshy cherry from Harvey Giblett or George Grozotis. Then we do the annual ABC spit-off, but no one can match the height and power of Ruslan Kulski from ABC Open. Friday night we usually get together with the guest stars and this was a loud and hilarious affair with Theo Kalogeracos and Sabrina Hahn taking up much of the audible space. It was Theo's third festival, or tenth, or 27th, I forget, and Sabrina's first.

Now for the festival.

There was something different going on this year. It started with the first folk in the street. Who were they? I'd never seen them before. And so it went and was one of the highlights – the new faces. And the number of people from the Great southern, where I now live, made me wonder if there were any left in the deep south.

It's growing, this monster we have created, and every year someone stops me and says: "This is Manjimup? I've never seen it like this. What is going on here?" I, of course, laugh, because these people are experiencing for the first time the Manjimup I know well – the generosity, goodwill, fun, dancing in the street, the characters.

There is nothing quite like seeing the dull street of your youth packed with smiling, curious visitors, all eager for cherries, entertainment, surprises and to connect with "the buzz".

The main stage was again commanded by the two young guns – Wyatt Nixon Lloyd and Jordan Piggott. Have you watched these two blokes grow over the years, right there in front of you, main stage, with panache, humour, flexibility and sensibility?

Other solid contributors were again the pip spitters, including Jo Perry, Adam Buckley, Craig McSharer and Clint "Chesty" Thompson, the current Globe Vista Champion of the entire Southern Hemisphere.

A personal highlight was hearing the Minister for Tourism say he wanted to compliment the bloke who started it all: "Someone called Phil, I think it was."

There were other highlights and on top of the list were the New Zealand log chopping brothers, Shane and Jack Jordan. Not only were they good looking but they moved through logs like they were rolls of butter.

I'm a sucker for street theatre and also enjoyed Ricochet Circus, DJ Rev and the musical contributions of South Australian Dave Verral, Perth's Nikki Dagostino and Manjimup's close to legendary, The Whole Shebang.

You might be reading this and this and thinking "Yeah, but what about what went wrong?" True, but now is not the time. First you bask in the glory of another fine festival, then you sit down and reflect, ponder and plan because next year is the 15th. And that will be a whole new shebang.

Jon Doust



“Don’t fence me out”

An easy to make, Kangaroo Friendly, Swing gate

Don't let this happen to your Wildlife----another wild animal caught in a fence line to die a slow death...but wait there is a solution.

Editor's note to readers: No animals were hurt in the writing of this article.

Now I have your attention, you must have seen this around any Fenced Property that you come across anywhere around Aussie Land. [See Photo 1]. A sheet of old tin in the fence line to stop Kangaroos coming under the fence. Do you think this keeps them out?



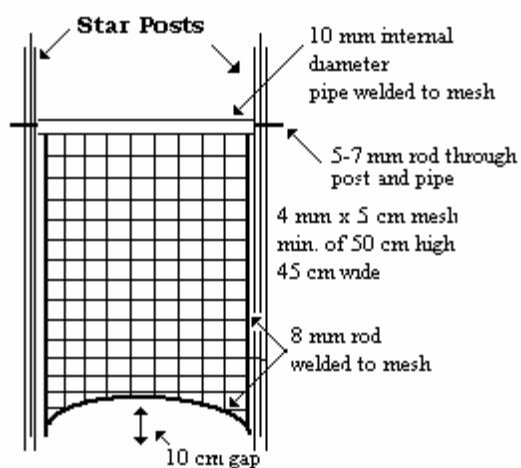
Well here is the same fence line just 20m down from the 1st Photo [see photo 2], this time with tin and an old post across the gap. Well..... they just moved down the fence line didn't they to where they could get their nose under. And yes there is another further down....and another...

Did you know if a Kangaroo can get their nose under a fence they will try to move heaven and sometimes earth to get under it and they usually do to get to the other side to visit the greener pastures – a bit stubborn they are --just like the mother in law-- oh how I am going to pay for that one.

Well why not install a swing gate I say?

This one is from the Department of Environment and Conservation WA [Now named The Department of Parks and Wildlife] Fauna note 32 – and thanks goes to them for their Fauna Note.

http://www.agric.wa.gov.au/obitwr/imported_assets/content/pw/vp/fer/32_fencing_kangaroos.pdf



On our Wildlife Refuge we have 160 acres, 50 of which have old Cattle fencing. We have had gaps where Kangaroos have made holes in the fence line and this is where we have installed the swing gates.

The thing to know here is to use where they are coming through the fence and install the gate at that point. There usually is only one spot they prefer to come through and generation after generation will use that same spot. Ours cost less than \$45ea to make and we have 5 around the property.

Do they Work? You betchya.

You leave the swing gate in an open position for about 2 weeks for them to get used to the work that has been done in that position. Yep they know something is different...

After 2 weeks then drop the gate and make sure it swings easily.

Here is a sequence of one going through the gate.



One of our gates squeaks, and they don't mind that it does squeak, this also gives us a chance to hear when it is being used.

If a mob has come through and is grazing on the grass side of the property, and get spooked, it is interesting to see that they time the “swing” of the gate for each individual to go through.

I have also seen a 6ft Buck going through one of the gates --a sight to see

This one has now been in for 5 years and has had no maintenance. You can see the Kangaroo highway behind it as it is a very well used Gate.....



Glen - Maroo Wildlife Refuge



Chi Chi's Amusement Centre

One of our readers remembers Chi Chi's Amusement Centre in Rose Street and tells us he was a regular there for the couple of years it was open, around 1965. It was a male domain on those game tables, similar to soccer pin ball. The name of the owner could not be recalled, he wasn't a “local”.

PERFECT PAVLOVA

Summer has arrived at last and with an abundance of fresh fruit available, berries, stone fruits, pineapple and kiwi fruit, what better way to use this bounty than to whip up a delicious pavlova for Australia Day, or indeed any celebration that you have in mind.

It has been widely reported that this delicious concoction was created by a hotel chef in Wellington, New Zealand when dancer Anna Pavlova visited there in 1926 on her world tour. However Western Australia has a claim too as Chef Herbert (Bert) Sachse of the Hotel Esplanade in Perth originally created a delicious meringue cake for the Hotel's afternoon teas, reputedly around 1935. According to legend he presented the now familiar dessert at a meeting and was reported to have said “It is as light as Pavlova”. It was then named Pavlova in honour of the Russian ballerina who had stayed at the hotel during her 1929 tour of Australia. It appears that New Zealand may have had an earlier version of this dessert but it wasn't until Bert developed his Pavlova recipe that the name became more widely known around the world.

Is this luscious dish good for you? Well it depends on how much cream you use, meringue itself is totally devoid of fat and berries are full of Vitamin C and fibre, great for the digestive system. Adding a little low fat yoghurt to the cream can cut down on the calories but hey it's a celebration dish and we all need a little decadence now and again.

Liz's Kitchen Rules

EASY SIX EGG PAVLOVA

Ingredients: 6 large egg whites, 3 tsp white vinegar, 3 tsp vanilla essence, 1 pinch salt, 3 cups caster sugar, 3 tsp cornflour, 4tbs boiling water.

Method: Place all ingredients into a large mixing bowl, adding the boiling water last. Beat on full speed until very stiff. Spread into a circle on a baking sheet that has been lined with baking paper. Bake for 15 minutes at 160deg C, then approximately 1 hour at 150degC. Cool in the oven with the door ajar. Before serving spread with whipped cream and top with fruit of your choice, strawberries and blueberries with passionfruit pulp is a luscious combination, a few slices of kiwi fruit are a nice addition too.

So there we have it, a delicious summery dish with an Aussie connection, perfect for serving after a traditional Australia Day barbecue.



JANUARY

The name given to the month of January is derived from the ancient Roman god Janus, often symbolized by an image of a face that looks forward and backwards at the same time, thus enabling him to look forwards into the coming year and backwards into the past year.

There were only 10 months in the original Roman calendar, January and February were added later, the Roman Senate in 153 BC declared January 1st to be the beginning of the new year, thus we celebrate New Year's Day as a time of renewal and fresh opportunities.

The ancient Babylonians are said to have been the first people to make New Year's resolutions, some 4,000 years ago. For early Christians, the first day of the New Year became the traditional occasion for thinking about one's past mistakes and resolving to do better in the future. Nowadays instead of making promises to the gods, most people make resolutions only to themselves and focus on self-improvement such as starting a serious diet, going to the gym or learning a new language, which may explain why most of us fail. However that won't stop us from making resolutions – after all we've had about 4,000 years of practice!

Zodiac signs for January are Capricorn (22nd Dec to 20th Jan) and Aquarius (21st Jan to 19th Feb), this month is ruled by the sun sign Capricorn and the karmic planet of Saturn. Strong, hardworking, tolerant and with a great sense of humour, they have the focus and determination to achieve their goals. Also highly observant and careful with decision making, perhaps a little reticent when expressing love, but extremely loyal and protective of their loved ones.

If you are a January baby your birthstone is Garnet and flower Carnation.

Famous names with January birthdates are authors *J.R.R. Tolkien* : Lord of the Rings, *A.A. Milne* : Winnie the Pooh, actors *Nicholas Cage* and *Mel Gibson*, musicians *Rod Stewart* and *Dolly Parton*, talk show hosts *Oprah Winfrey* and *Ellen DeGeneres*, French revolutionary *Joan of Arc*, gangster *Al Capone* and aptly named actress *January Jones*.

Songs with January in the title include “January” – *Pilot* (1975), “January” – *Elton John* (1997), “January Friend” – *Goo Goo Dolls* (1998), “January Rain” – *David Gray* (1999) and finally “January Hymn” – *The Decemberists* (2011).

Holidays in January are January 1st New Year's Day and January 26th Australia Day.