



EDITION 102 - JANUARY 2023  
FREE - ALSO AVAILABLE ONLINE

<http://www.manjimup.crc.net.au/cafe-bytes.html>

### *Quote for January*

*"A good laugh is sunshine in the house." – William Makepeace Thackeray (1811 – 1863)*

### *Word for January*

**FINFLUENCER:** *An influencer who focuses on money-related topics.*

Welcome to another bumper edition of Café Bytes, as we change our calendars and begin a New Year, which is a good time to pick up our gratitude diaries and make note of all the good things in life.

Happy New Year, our warm wishes to the community for a healthy happy 2023. And don't forget, we always welcome suggestions of stories, and contributions to add to our editions.

Enjoy the holidays, a welcome break from the usual school routine.

## GLOBAL BELLY LAUGH DAY

As someone who has been known to get the giggles now and again and loves to laugh, I was highly delighted to discover that there is a day dedicated to laughter. It just so happens that it occurs this month, yes January 24<sup>th</sup> is Global Belly Laugh Day!

The term belly laugh was coined in the 1920s (I am not exactly sure what was so funny back then) but apparently that's where it all began. Have you ever laughed so much that your belly moved? That's a belly laugh, it can also describe a loud laugh that can't be controlled, a sudden burst of laughter or a loud hearty laugh.

People often find that a good belly laugh makes them feel good. One reason is that laughter stimulates the organs. A belly laugh doesn't just stimulate the stomach, though, this kind of laughter also stimulates the heart and lungs, increases circulation and relaxes the muscles. Laughter increases endorphins, which are the body's feel-good hormones.

The symbol for Global Belly Laugh Day is a smiling sun with 7 rays and dimples with the numbers 1 and 24. This represents the idea that laughter and sunshine can transform our moments 24 hours a day, 7 days a week. Because of this symbol, people all over the world are encouraged to laugh at 1:24 pm local time on January 24th.

Wherever you are on that date, and whether you choose to laugh by yourself or with a crowd, watch a funny movie or read a book of jokes, have a good belly laugh and enjoy it!

Liz Coley



## LOOKING BACK ON 2022

**JANUARY:** Dot Jacobs provided us with a great article on Jazz in the Jarrah over the last 11 years and we are looking forward to another fabulous night of jazz, swing and rock and roll in 2023. We included New Year Resolutions; I suspect the same ten are just as popular this year.

**FEBRUARY:** Crafting for mental health, it seems that knitting, crocheting and stitching can help us manage anxiety, depression and other mental health issues. Add painting and gardening and you can increase positive emotions, reduce stress, decrease anxiety and even improve immune system functioning so let's get creative.

**MARCH:** Tracey Adam contributed an article about the Walk for Women's Cancer. Tracey is a proud member of the Southern Forest Steppers who walk every year in order to spread awareness and raise funds for this worthwhile cause. Numbats featured again, (we love them), it would seem that Numbats share 95% of their DNA with thylacines, research is ongoing and we look forward to hearing more from the WA DNA Zoo.

**APRIL:** Our Anzac edition featured an interesting story on National Service Training, local Maurice Masters had just finished year 12 in 1952 when he was enrolled in the army for a stint at Swanbourne Barracks for three months, followed by weekends at Bridgetown Rifle Range and two weeks per year at Northam Army Camp until his stretch was completed.

**MAY:** John Old retired as Windy Harbour's caretaker after 22 years of looking after the residents and holidaymakers in the small community. We hope that John continues to enjoy his retirement years. Brenda Dawes sent us an article about the ADRA Op Shop which operates behind the Seventh Day Adventist Church on Highfield Street, the shop is open on the second and fourth Thursday of the month from 9.30am to 12 noon.

**JUNE:** Winding Back the Years, Peg Johnstone brought us tales of her early nursing career in the RAANC (Royal Australian Army Nursing Corps) in the 1950s. She began her nursing training in Perth in 1956 and would have nursed many of us at our local hospital until her retirement in 1990. Thank you Peg for the memories.

**JULY:** Queen Elizabeth's Jubilee Celebrations to mark her 70 years as reigning monarch prompted a story on Manjimup's Coronation Park which was dedicated as Manjimup's observance of her coronation in 1952. A search on Trove provided a lot of information on the celebrations, it was estimated that several thousand persons thronged the main street as floats gathered around the park for a tree planting ceremony.

**AUGUST:** Our first page featured Lucas Fall's meeting with some of the Carlton players, he enjoyed seeing them and got his jumper signed. We love stories from young people and would like to feature more this year. Alyssa Sadlo trains truffle hunting dogs and gave many helpful tips on how to walk your dog, including leash skills and how to deal with loose dogs that may be a threat. Alyssa advises going to dog training classes for a better relationship between dogs and owners.

**SEPTEMBER:** Our much respected and dedicated Dr Bowie passed away during 2022, he spent forty years looking after his local patients and was awarded the Order of Australia in 2021. Vale Dr James Henry Hutchison Bowie. We featured the Manjimup Arts Hub and the dedicated volunteers who have worked so hard to make this venture a success.

**OCTOBER:** Franzine Karamfiles and Karen Parke entered the Dirt and Dust Rally to raise vital funds for Mental Health through Rotary Health Australia. Car 25 held several fundraising events prior to the rally later in the month and thanked their supporters, Franzine and Karen provided the update on this very worthwhile cause. The Manjimup RSL had their premises renovated and upgraded and are now well equipped to cater for all functions and events, if you are interested in becoming a member of the RSL check out their Facebook page: [rsllwaManjimup](https://www.facebook.com/rsllwaManjimup).

## LOOKING BACK ON 2022... CONTINUED

NOVEMBER: The grand piano arrived in Manjimup last month, a Grand Piano Welcome Concert was held, this was a resounding success and very much enjoyed by all who attended, our congratulations to Julia Sykes, her students and support team. Remembrance Day featured an article about Blackboy Hill camp which was the training camp for the Australian Imperial Force in WA. November was our hundredth issue, we did a roundup of our previous 99 editions, hard to believe that we began in June 2014, time flies!

DECEMBER: This was a bumper edition with a variety of articles including MOSH, East Manjimup Primary School's after school and vacation care. Local writer Dennis Dickerson provided an entertaining tale of camping and Adam Purdy launched his 101 ways to cook Marron. The CWA celebrated their 90<sup>th</sup> year during 2022 and have a wonderful collection of old photos of past members. We thank our many contributors and our business memberships that help towards our printing costs. We wish you all a happy New Year.

Liz Coley

## MANJIMUP TRAIL BIKE HUB

Manjimup's Trail Bike Hub concept wants to deliver a new centre for trail bike riders focusing on great trails with the aim of establishing Manjimup as the centre for trail bike riding in Australia. Stages 1,2 and 4 are fully funded having received \$980,000 from the Australian Government under the regional Recovery partnerships program and a \$576,500 contribution from the Shire of Manjimup. Once completed it is expected to drive an increase in tourism for Manjimup from local, interstate and international markets.

Stage 1 includes mapping and publishing routes and loops for riders and Stage 4 developing a marketing campaign, Stage 2 is now underway on Mottram Street with construction begun on a Trail Centre to provide information and facilities to trail bike riders. Stage 3 will develop a Trail bike Friendly Business Program to include food, accommodation, facilities, services and equipment to cater for visiting riders.

It is envisaged that the Trail Centre will be the first point of contact for riders and visitors, facilities to be provided for trail bike riders will include storage, merchandise, maps, information and a workshop. Once established the trail centre will be staffed by members of the Manjimup Trail bike Hub who will provide riders with information about trails, businesses and accommodation etc.

More information on the Manjimup Trail Bike Hub can be found on the website: <http://www.manjimup.wa.gov.au/trailbikehub>

Facebook: ManjimupTrailBikeHub

Liz Coley– story and photo





# Liz's



## Kitchen Rules

### RHUBARB

(*Rheum raphanistrum*) or Rhubarb gets its name from a combination of the Ancient Greek *rha* and *barbarum*; *rha* referring both to the plant and the River Volga where it flourished and grew wild along the river banks.

This interesting plant originated in China where it was cultivated for medicinal purposes for thousands of years, eventually being imported into Europe in the 14th century along the Silk Road. The cost of transportation across Asia made rhubarb expensive in medieval Europe and it was several times the price of other treasured herbs and spices such as cinnamon and saffron. Castilian traveller and writer Ruy Gonz  les de Clavijo reported from the embassy of Samarkand that: "The best of all merchandise coming to Samarkand was from China: especially silks, satins, musk, rubies, diamonds, pearls, and rhubarb". Truly a hint of the exotic for humble rhubarb!

We are lucky enough to have ideal weather conditions for growing rhubarb as they prefer a cooler climate and can withstand a light frost. They are heavy feeders and love a garden bed prepared with plenty of organic matter, they do require watering in hot spells and the addition of more fertilizer during the growing season. They can be propagated by dividing up the crowns and planted with the buds just above soil level. Harvest the stalks by twisting away from the crown, you won't need many for a good feed. A word of warning here, the leaves are poisonous as they contain the toxin oxalic acid, so throw them onto the compost heap.

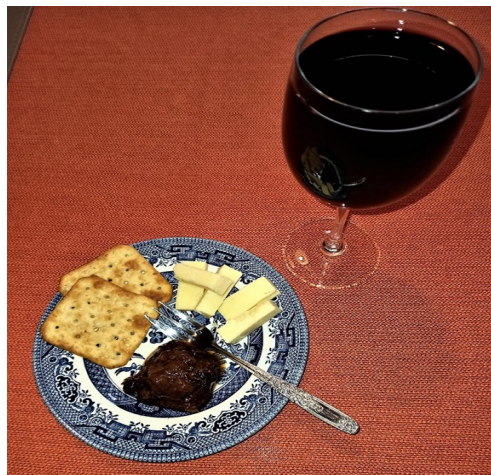
Stalks vary in colour from crimson red, through speckled pink to light green and they are all suitable for cooking, although the deeper red is probably more visually appealing.

If you are looking for a new recipe to use up all those stalks in your rhubarb patch, try this chutney.

### RHUBARB CHUTNEY

**Ingredients:** 1kg rhubarb chopped, 2 onions chopped, 3 cups brown sugar, 1 1/2 cups sultanas, 1 1/2 cups apple cider vinegar, 2 teaspoon curry powder, 1 teaspoon white pepper.

**Method:** Place all the ingredients in a large heavy bottomed pan and bring to the boil. Lower the heat to a gentle simmer, cook uncovered, stirring occasionally, for 1 1/2 hours, or until the chutney has thickened. Pour into hot, sterilised jars, seal and label. Delicious with cheese and cold meat.



## COMMUNITY BYTE SIZED PIECES

- Manjimup Farmer's Market will be back on Saturday 7<sup>th</sup> January. Call in for a great range of local produce including fruit, vegetables, jams, chutneys and fresh bread. Grab a coffee and check it out.
- There will be plenty of action out at Tyrepower Manjimup Speedway as the club hosts Bendotti Exporters WA Chip 2022/23 SSA Production Sedan WA State Title. Program is as follows: Practice: Thursday 26th January, scrutineering & Heats: Friday 27th January, Heats & Finals: Saturday 28th January. There is sure to be some exciting racing as the drivers battle it out for the state title, come along and support your local drivers.
- The Water Corporation is currently offering their free showerhead program. Change up to two of your inefficient showerheads for WELS4 star rated models. See Manjimup Community Resource Centre Facebook page for details.
- Well done to the Manjimup Arts Hub volunteers for keeping the doors open seven days a week during the school holidays. They are open from 9:30am-4:00pm.
- Jazz in the Jarrah will be held this year on Saturday February 11th. For details contact Dot Jacobs on 0447149338 or Pat Martin on 0419949173



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- 3.) Complete the Application Form and VOILA!

For any queries contact [volunteer@svdpwa.org.au](mailto:volunteer@svdpwa.org.au)

**EVERY YEAR VINNIES VOLUNTEERS ASSIST**  
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## AUSTRALIA DAY 2023

The annual Manjimup Shire Australia Day celebrations this year will be held at the Pemberton Pool, between 8 am to 6 pm, a very full day. The kiosk will be open to purchase drinks and snacks.

8 am to 10 am a free breakfast will be available.

10.30 am to Noon Official Ceremony, including Awards.

3 pm to 6 pm music provided by Short & Curly.

## CONTAINERS FOR CHANGE

The warm festive holiday season has most likely produced a lot of empty drink containers to be disposed of, and as a follow up to last month's information on recycling we decided to share what happens to those throw out 10 cent containers, after they we trade them for cash.

They are sorted into their categories and sent them to recycling companies where they are turned into new glass and plastic bottles, aluminium cans and items such as food packaging and plastic based construction items. Plus, don't forget the plastic lids are recycled. These need to be saved separate to the containers, and dropped off at Hastie Waste as well. They will be processed into items such as concrete spacers for building.

So, depositing our 10 cent empty containers rescues them from landfill, gives them continuing life and saves our landfill from overflowing, and of course, it earns us a little pocket money.

Kathy Hill

### Jane Kelsbie

MEMBER FOR WARREN-BLACKWOOD

Unit 5/78 Strickland Street, Denmark WA 6333

PO Box 327, Denmark WA 6333

(08) 9848 3171

jane.kelsbie@mp.wa.gov.au

JaneKelsbieWarrenBlackwood

Jane\_Kelsbie\_MP



**MANJIMUP MEN'S SHED**

**FRANCIS HULL**  
President  
**RUSSELL CANDY**  
Secretary

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Po Box 177  
Manjimup, WA 6258  
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RUSSELL 0414 254 963

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Fish Chips		Menu	
FISH 'N' CHIPS		KIDS FISH 'N' CHIPS	
1 Serve	\$12.50	1 Fish, 2 Pineapple Fritters, 2 Squid Rings, 82 Chips	\$6.20
FISHMAN PICK		FISHMAN'S BASKET	
1 Fish, 2 Pineapple Fritters, 82 Chips	\$16.50	1 Fish, Crab Stick, Prawn Cutlet, 2 Squid Rings, 82 Chips	\$18.00
MEAL FOR 2		FAMILY MEAL	
2 Fish, 2 Pineapple Fritters, 4 Squid Rings, 84 Chips	\$31.50	3 Fish, 85 Chips, your choice of 3 Den Gars, Pineapple Fritters or Crab Sticks	\$39.50
SEA FOOD		EXTRAS	
Fish	\$10.50	Spring Roll	\$4.20
Snapper	\$13.50	Onio Roll	\$4.20
Local Spanish Mackerel	\$14.50	Corn Jack	\$4.00
Gummy Shark or Branzey	\$14.50	Dim Sim	\$1.50
Grilled or Crumbed (per plate)	\$1.50	Pineapple Fritter	\$2.00
SEA FOOD		Chicken Nuggets	\$10.00 each
Soft & Pepper Squid (s)	\$6.00	Kid's Hot Dog	\$4.20
Squid Rings (s)	\$5.50	Potato Scallop (2x)	\$3.00
Crab Stick	\$2.00	Onion Rings (s)	\$5.50
Sea Scallop	\$2.70	Curry Sauce*	\$3.00
Prawn Cutlet*	\$2.00	Mushy Peas*	\$3.00
King Prawn	\$2.00	Tartare Sauce*	\$2.50
Fish Cake	\$4.20	Adli	\$2.50
Kiwi Mussels NZ (s)	\$7.00		
Oysters (s)	\$15.00		

Manjimup 0429 598 228

Lunch Wednesday - Friday 11.30am - 1.30pm  
Dinner Tuesday - Sunday 5pm - 8pm  
Closed public holidays

**Thomo's**  
**Kanga**  
Contracting



## BUSHFIRE SAFETY

After a long, cold winter the advent of warm, summer sun is very welcome but hot, windy weather brings a real risk of bushfires. Figures show that just 16% of us recognise our own bushfire risk, yet around 90% of our state is bushfire prone.

The Department of Fire and Emergency Services (DFES) is expecting an earlier start to bushfire season this year. Through the WA Government DFES is recruiting and training an additional 60 firefighters and supplying 42 new appliances to career and volunteer fire stations across Western Australia.

Bearing all this in mind Western Australians are being urged to create a bushfire plan, it only takes a few moments and knowing what to do should fire threaten your property will give you peace of mind.

Visit <https://mybushfireplan.wa.gov.au/>

Liz Coley



56 Rose Street (opposite the Backpackers)

Open:  
Tuesday to Friday 10am till 3pm  
Saturday 10am till 1pm

Donations of clothing, books, linen, bric a brac, toys and small household items gratefully received. PLEASE no furniture as we do not have the space. No electrical items.

**ALL FUNDS RAISED GIVEN BACK TO THE COMMUNITY**

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W: [www.manjimup.crc.net.au](http://www.manjimup.crc.net.au)

## Business Membership

### TAX INVOICE

ABN: 66 287 651 302

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_

Business / Organisation: \_\_\_\_\_

Nominated Users (For business and organisations only)

#1: \_\_\_\_\_ #2: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_



DJERAN (JAIR-AN)

\$50.00 PER FINANCIAL YEAR <\$150.00 VALUE

- Free Colour or B&W Printing to the value of \$15.00
- Discounted rates as per CRC Price List (see Website for a list of our services)
- A Business Card sized Ad in each edition of Café Bytes

### PAYMENT METHOD:

☐ Cash

- Please come in and pay at Reception.

☐ Eftpos

- Please contact the Manjimup CRC on 08 9777 2774

☐ Cheque

- Please post your cheque to Manjimup CRC, PO Box 314, Manjimup WA 6258

☐ Direct Deposit

- Manjimup Community Resource Centre

BSB: 036-126

ACC: 151749 (Please use Surname as reference and email a copy of your confirmation of payment)

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### **Birak (Beer-ok)** Hot & Dry Season (Dec - Jan)

- Discounted rates as per CRC Price List.
- 1/2 Hour FREE Internet per month.
- 10 FREE Colour pages printed or  
10 FREE Colour double-sided pages printed per year

**\$10.00 Per Year <\$70.00 Value**

### **Bunuru (Boon-oor-oo)** Fruiting Season (Feb - Mar)

- Discounted rates as per CRC Price List.
- 1 Hour FREE Internet per month.
- 20 FREE Colour pages printed or  
10 FREE Colour double-sided pages printed per year.

**\$20.00 Per Year <\$100.00 Value**

### **Djeran (Jair-an)** First Rain Season (Apr - May)

- Free Colour or B&W Printing to the value of \$15.00
- Discounted rates as per CRC Price List.
- A Business Card sized Ad in each monthly edition of our Newsletter, Café Bytes
- 10% discount off Training & Workshops

**\$50.00 Per Year <\$150.00 Value**

### **Makuru (Muck-oor-oo)** The Cold and Wet Season (Jun - July)

- Free Colour or B&W printing to the value of \$20.00
- Discounted rates as per CRC Price list
- A Business Card sized Ad in each monthly edition of our Newsletter, Café Bytes
- 3 Hours Standard Room Hire (Office hours, additional rates apply after hours)
- 2 Hours FREE Secretarial support i.e. typing, folding, editing (excludes materials i.e. paper, Binding, accessories, etc.)
- 15% discount off Training & Workshops

**\$80.00 Per Year <\$230.00 Value**

### **Djilba (Jill-bar)** Warming Season (Aug - Sept)

- Free Colour or B&W printing to the value of \$30.00
- Discounted rates as per CRC Price List
- A Business Card sized Ad in each monthly edition of our Newsletter, Café Bytes
- 4 FREE Hours Standard Room Hire (Office hours, additional rates apply after hours)
- 4 Hours FREE Secretarial support i.e. typing, folding, editing (excludes materials i.e. paper, Binding, accessories, etc.)
- 15% discount off Training & Workshops

**\$100.00 Per Year <\$320.00 Value**

### **Kambarang (Gam-bar-ang)** The Flowering Season (Oct - Dec)

**Yearly Membership - FREE**

**FREE TO ALL MEMBERS – 15% DISCOUNT OVER \$100.00 SPENT ON PRINTING, SCANNING, ETC & SECRETARIAL SUPPORT i.e. TYPING, FOLDING, EDITING, BINDING, ETC (excludes paper & materials)**

# THE 12 STAMPS PROJECT

Many thanks to Alicia Young for sharing her project.

Quick! Which note would you prefer to receive?

*Dear Mum,  
Thanks for everything.*

Or:

*Dear Mum,  
Thanks for leaving your warm bed every day at 5am, to take me to swimming practice.*

I'm Alicia Young. I'm an author, born and raised in WA. I've enjoyed many trips to Manjimup and the south-west. Fonty's pool never loses its charm!

I hope you will join me on a little initiative called The 12 Stamps Project. It's a simple way to harness the power of a handwritten word in a digital age. The idea stems from my time in India. I volunteered for Mother Teresa for a few months in the 1990s, firstly at a hospice and later at a leprosy hospital. It was a wonderful time, but there were definite pangs of homesickness. Do you know what kept me going? A steady stream of notes, cards, and aerogrammes (remember those?) from family and friends.

Today, many among us feel isolated. Yet, we have the power to remedy that.

I'm asking you to buy twelve stamps and commit to sending twelve handwritten notes this year. I know you're busy. Let me show you how easy it is by gently challenging the most common responses:

*I don't have time:*

Share your twelve stamps with family or friends! Nominate a month or two each. Or do it as a family, within the family: have the grandchildren write to their grandparents.

*I don't know what to write:*

Thank someone, whether for a kindness from childhood, or from yesterday. Encourage someone. Do you know someone starting a small business, or returning to study, or beginning an apprenticeship? Lend your support. Might an apology note be a welcome salve for past hurts? Or would you like to press the reset button on a friendship?

*Kids today are glued to their screens. Would they value a handwritten note?*

Absolutely! Sending a child mail is a simple way to make them feel important. And a child who receives a letter is much more likely to write one. You don't need to up on the latest trends among kids or teens. Let them tell *you*. Ask open-ended questions to gain a window into their world.

Someone in your life is waiting to hear from you!

Please learn more at [www.aliciayoung.net](http://www.aliciayoung.net) or on social media @authoraliciayoung and @12stamps.



Photo credit Bohemian Ekko

## INFORMATION FROM MANJIMUP LIBRARY

Information sourced from the Manjimup Library team.

### Temporary Closure of Manjimup Library for Renovations

The Shire of Manjimup is pleased to advise that exciting things are happening at the Manjimup Library in January 2023. The library will undergo renovations that will see new flooring, some new library shelving and a revamp to the library layout.

In order to facilitate the renovation, the Manjimup Library will close to the public on Monday 9 January 2023 and reopen on Wednesday 1 February 2023. The after-hours return chute will be closed during this period. Items on loan as of 9 January 2023 will have their due date extended until Monday 6 February 2023.

Alternatively, these items can be returned to any other Shire (Pemberton, Northcliffe and Walpole) or South West Consortia Library. Details can be found via:

<https://www.manjimup.wa.gov.au/our-places-and-spaces/libraries/library-resources/one-library>

Staff will be on site during the renovations but may not be able to respond to email and phone enquiries as promptly as usual. For urgent enquiries, please contact the Shire of Manjimup on (08) 9771 7777.

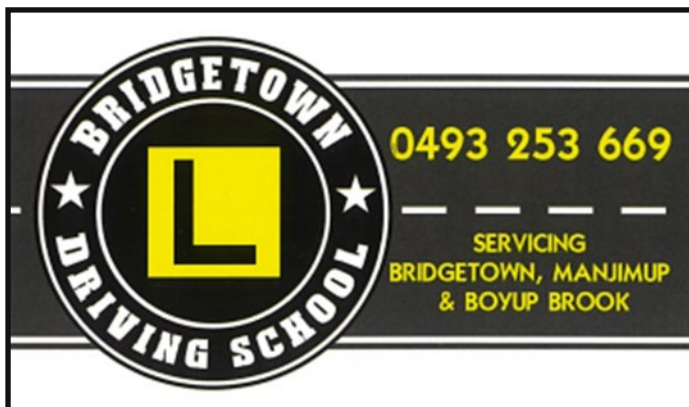
For updates, follow us on Facebook and Instagram (@shireofmanjimuplibraries) and view our website <http://www.manjimup.wa.gov.au/libraries>

Thanks for your patience during this period and we look forward to welcoming you back to a revamped and refreshed Manjimup Library space.

Shire of Manjimup Library team

## BROCKMAN STREET ROUNDABOUT

Well done to the Manjimup Shire gardening team for providing beautiful summer colour on our roundabouts.





## WINDY HARBOUR TRACTORS ON PARADE

Back in 2017 a unique parade rolled through Windy Harbour settlement, featuring 27 tractors of all ages and colours being proudly driven by their owners.

These tractors haul boats to the beach, some are past their use by dates for farming but much loved by the Windy boat owners.

The Marine Rescue Windy Harbour Committee are organising another tractor parade at Windy Harbour, to commence about 3pm Saturday, 7 January 2023. At the conclusion a social BBQ will be held at the headquarters, BYO meat, drinks and a share salad/sweet, everyone is most welcome. So, if you have a unique, old, big, small or just a different type of tractor, let us know, come along and join in the fun.

Contact Fabio Renzullo on 0439 871 382 for detailed arrangements and to register.

Kathy Hill



Photos Kathy Hill. The 2017 Parade.



**Lions Club of Manjimup**

Always seeking new members to join us in our  
Community Activities.

**"Having Fun, doing Good"**

Phone Pat on 0419949173

## WARREN ARTS COUNCIL NEWS

The Warren Arts Council has been active in Manjimup since before 1993. That was the year they became incorporated, which is 30 years ago.

In recent years Manjimup has benefited from the WAC organising very successful Old Time and Bluegrass music weekends, bringing lots of people to town to be part of the event.

To start 2023 there will be a concert at Tall Timbers Brewery on Saturday January 7<sup>th</sup>, with entertainment provided by The Wayward Earls and The Whistling Kites. The names are intriguing, and they provide very enjoyable music.

Then in March to celebrate International Women's Day, a concert is planned in the Town Hall, with entertainment from expert pianists on the Grand Piano - Manjimup's Grand Piano, thanks to Julia Sykes magnificent fund raising. The concert will be held on Saturday March 11<sup>th</sup> and promises to be a very special event.

Anyone interested in joining WAC could call in and chat to President, Mary Nixon, in her shop, Manjim-UP CYCLING.

Kathy Hill



Photo credit: Manjimup Bluegrass & Old Time Music Weekend FB page

A photograph of the exterior of the Manjim-UP CYCLING shop. The shop has a large orange sign above the entrance that reads "MANJIM-UP CYCLING". The shopfront is filled with various items, including clothing, baskets, and a mannequin in a red dress. The shop is located on a street with a red brick pavement.

**1 Opening Hours**  
Monday-Friday  
(see Facebook page)  
Saturday: 10-3  
Sunday: 10-2

## TUNING IN

As children we sang all the time, the five of us would sit in a circle in the backyard, the welcome shade of the tank stand shielding us from the hot summer sun as we gave a rousing rendition of Ole Man River, Cool Clear Water and Beside the Seaside, in fact anything to cool us down during the long summer holidays. We sang as we were driven to school in the back of the ute, the dust from the gravel road rising behind us and the wind carrying our voices away up the hillside. By the time we got to school our voices were in fine form for singing the National Anthem at morning assembly.

I dried the dishes for Mum after tea every night and we sang together, Mum was especially fond of Vera Lynn and Bing Crosby so it was Blue Birds over the White Cliffs of Dover followed by I'm Dreaming of a White Christmas. Dad only joined in when he had a pint of beer, then depending on the quantity of pints consumed we would progress from Galway Bay to The Mountains of Mourne and finally Danny Boy. I never understood this as there is not one shred of Irish ancestry anywhere in the family tree, and believe me I have checked it out thoroughly.

We had a young enthusiastic music teacher who decided to form a school choir in my first year of High School. Naturally I went along to audition, we all took it in turns to sing through the scales, she listened attentively and placed me in the centre of the middle row. I can't for the life of me remember the song, I only know that I was either too quick for the rest of them at the start or finishing off a note behind. Her enthusiasm seemed to be waning a little and she placed me in the back row, well of course I had to increase the volume so the front row could hear me, she seemed a little overcome as the bell went and sat at her desk with her head in her hands as we all trooped out. The next lesson arrived and she met me at the door, "Elizabeth, I think your talents lie elsewhere, I have arranged for you to go into the class next door and learn to play the recorder".

My disappointment at leaving the choir was soon forgotten when I found out I could take my recorder home to practise. Mum wasn't quite as thrilled as I was and sent me to the far corner of the backyard. I spent many an hour there frightening the chooks and learning new words from Joe next door, who hurled a mixture of English and Italian at me as he watered his tomatoes.

I still love singing, only now it's mostly in the car with a favourite CD or singing along to Spotify with my headphones when I'm on the computer or doing the ironing. I reckon that it's never too late, I could wake up tomorrow morning and find myself with a voice as clear and pure as the rest.

I've had a few years of warbling since my schooldays, any choirs out there that would like me to audition?

Liz Coley

## ABC FANFARE

Most of us will be familiar with the ABC radio news fanfare, which heralds in the news on the hour and half hour, bringing us up to date with local and world news.

A little internet research informed of the history of this music.

It was composed in 1935 by a British musician, Charles Williams and named the Majestic Fanfare. Charles Williams was son of immigrant Polish Jews, named Isaac Cozerbrect, then his father adapted the name to that of a well known British composer. The music was not composed with the intention of news announcement, it is not known what the composer had in mind for his fanfare. In 1952 the ABC replaced its current news alert of Advance Australia Fair, with Majestic Fanfare. It was also used on TV from around 1956 to 1985.

So that means, the Majestic Fanfare has been announcing our ABC radio news for seventy years.

Kathy Hill



## GRAPE STOMPER

In 2016 we featured a story on the history of the 'notorious' grape stomper near Coles car park, coinciding with his 21<sup>st</sup> birthday. In recent months we have noticed that he is missing. He must have gone walking or some such.

But, enquiries led us to the reason for his absence. While tidying up was being done in that area, he was accidentally nudged, and he fell over, revealing that he was full of white ants.

So, a little of town's history has gone. To quote my informant, The Grape Stomper has gone to Wood Heaven.

Kathy Hill

## WALKING GROUP TO START BACK JANUARY 9th 2023

The walking group will recommence on Monday, 9th January.

A "signup or bring a mate" walking event will happen on Monday, 16th January. Existing group members will receive a free coffee card on completion of the walk, and new walking group members who sign up will also receive a free coffee card. So if you have thought about joining the walking group or are looking to stay active and healthy in 2023 now is the time to join!

## Free– Heart Foundation Walk Group

Looking to improve your health in 2023?

A healthy heart is a great place to start!

Meet: Monday 8:30am

Where: Outside the roundhouse at the Manjimup Heritage Park



- All abilities catered for
- Please bring a hat
- Free cuppa provided after walk
- Friendly dogs welcome

For further information contact the Manjimup CRC on:

**Phone:** 9777 2774

**Email:** [volunteer@manjimup.org.au](mailto:volunteer@manjimup.org.au)

## VOLUNTEER PROFILE– AMBER CASTLEHOW

Volunteering is not only a great way to help others in the community, but it can also help with self-development, acquiring new skills to get you job-ready or allowing you to utilise skills you no longer use in the workplace.



We asked Amber, our wonderful customer services officer here at the Manjimup CRC, about volunteering and what it means to her.

### **Why did you start volunteering?**

I wanted to be a part of the community and help people.

### **What do you enjoy about volunteering?**

I enjoy meeting new people, trying new things, and learning and developing new skills. I also get to discover new things. For example, I am always finding new books to read at the library where I volunteer.

### **What is your favourite volunteering moment so far?**

I'd have to say the Cherry Breakfast event that was held in the shire building. I volunteered in the kitchen and I got to learn heaps of new cooking skills. The event had a big turnout, and we listened to great live music.

### **What would you say to people looking to volunteer?**

Give it a go! It is fun, and you learn so much. You will discover new things about yourself and find activities you didn't even know you'd enjoy.

If you are interested in volunteering, please get in touch with the Manjimup CRC on 9777 2774 or email [volunteer@manjimup.org.au](mailto:volunteer@manjimup.org.au)



Photo credit: Pixabay

## VOLUNTEER ROUNDUP— JOELEN GREEN

The past month has seen the Manjimup CRC busily wrapping up the year and preparing for the year ahead.

Our final event for 2022 was International thank a Volunteer Day held on the 5th of December. The Manjimup CRC held a volunteering sundowner at the old top-notch cafe to acknowledge all the wonderful volunteers in our community. It was a great opportunity to network, hear about volunteering opportunities and celebrate!

We have some wonderful events in the pipeline for 2023 and look forward to working with the community.



Event attendees at Thank a Volunteer Day listening to a speaker.

## WELCOME TO OUR NEW TRAINEE—DEENA ISLES



Deena is a local Manjimup resident, graduating from MSHS in 2019. You may recognise her face from her previous jobs at Chicken Treat and the Manjimup Bakery.

Deena is undertaking a Certificate III in Business administration and is already picking up lots of new skills in the various roles the CRC offers the local community.

Deena has three sisters and three brothers, with one of her sister's Bree recently completing her Traineeship with the CRC last year.

Her ambition is to gain employment locally in an administrative role.

In her spare time, Deena enjoys spending time with her family and friends, so is suited perfectly to a Customer Service role helping the community.



# Knitting & Sewing Club



**When:** Tuesday 1:00pm-3:30pm

**Where:** Manjimup CRC

- Mentoring available
- Gold coin donation to cover afternoon tea
- Donations of knitting and sewing items welcome



**Are YOU interested in Volunteering?**

**Don't know where to start?**

**Make an appointment today with our  
Volunteer Coordinator.**

**Get everything you need;**

**Training, support and be connected  
with Groups that  
suit you!**



Funded by:



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## BE CONNECTED DIGITAL DEVICES ASSISTANCE

If you need assistance with your Digital Device/s, contact us here at the CRC on 9777 2774. We have group classes (Tuesday's 10am-12pm) and now offer one on one assistance at a time that suits you. We also have Phones and Tablets available for loan (with a \$300 prepaid Sim Card). Enquire today!

There's never been a better time to get online.



As a Be Connected Network Partner, we can help you discover how being online can add new skills and experiences to your life - for free.

Tuesday's 10am-12pm  
Manjimup Community  
Resource Centre


For enquiries, phone 9777 2774  
Free classes, morning tea provided



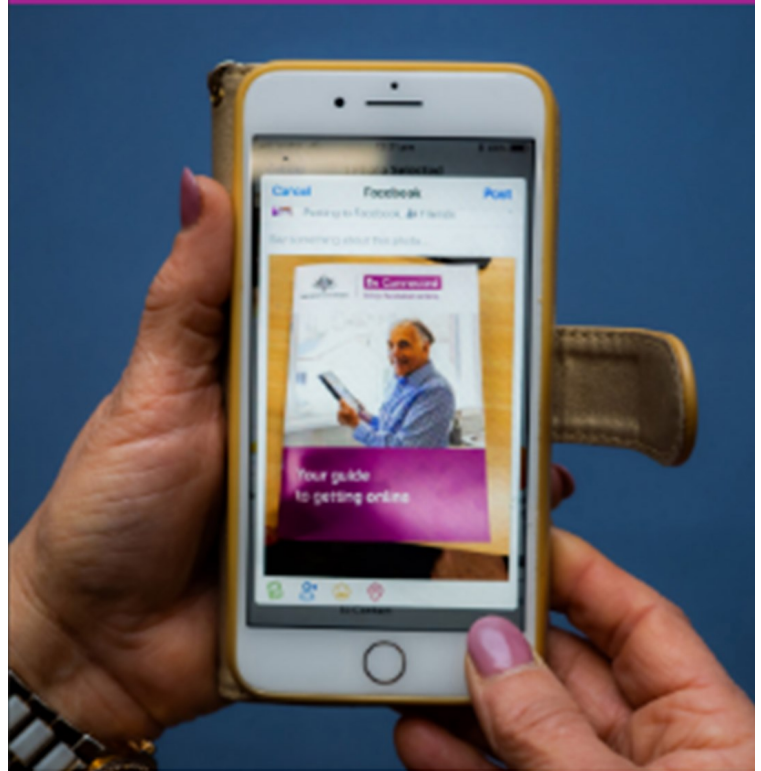
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**Be Connected**

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Want to learn more about your smartphone or tablet?



Every Tuesday  
10am-12pm

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**WHO ARE WE?** The Bytes Team who bring you this publication are:

Yarn Spinners, Liz Coley & Kathy Hill

Contribute your story to us: [manjicafeytes@gmail.com](mailto:manjicafeytes@gmail.com)

(08) 9777 2774 or [volunteer@manjimup.org.au](mailto:volunteer@manjimup.org.au)

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