



EDITION 114 - JANUARY 2024  
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<http://www.manjimup.crc.net.au/cafe-bytes.html>

### *Quote for January*

*William Wordsworth — My heart leaps up when I behold a rainbow in the sky.*

### *Word for January*

*Insouciant: Showing a casual lack of concern.*

Welcome to our first newsletter of 2024, a new year with an extra day, best wishes to all, for many happy 2024 days. Good luck and good health. And Happy birthday to all the Leaplings, it's your year to celebrate on February 29th.

School holidays continue until the end of the month, a happy time for teaching staff and students, plus parents to enjoy not having the ritual of maintaining daily school attendance.

Many thanks to those who have contributed to our newsletter, we are always grateful for community input, we are always very happy to receive good stories we can share.

## NEW YEAR RESOLUTIONS

The excitement begins for me as soon as the sun rises on New Year's Eve, for this is a special day, my birthday. When I was young (not that long ago), I used to think all the celebrations were just for me, a grand finale as it were to all the events of the day. I was a bit disappointed when I found out that fireworks were heralding in the New Year all over the world.

Despite all the birthdays since then and where ever I happen to be when a new year arrives, I always feel that I have to make at least three New Year's resolutions. And it seems that I am not on my own, every year millions of people do the same, you might find one or two in this list that appeal to you.

The Top Ten are: 1 Exercise more. 2 Lose weight. 3 Get organized. 4 Learn a new skill or hobby. 5 Live life to the fullest. 6 Save more money. 7 Quit smoking. 8 Spend more time with family and friends. 9 Spend less time on social media. 10 Read more.

Quite a list there and my three are included, however I am not going to tell you what they are as like millions of other people, despite the best of intentions once the glow of a fresh new year has worn off good intentions fly out of the window!

It's hard to pinpoint exactly when our tradition of making New Year's Resolutions was first established, references to self-improvement go back centuries, to Chinese antiquity and the Romans. The practice of setting goals on New Year's Day was well-established by the 1860s, as seen in one of Mark Twain's letters:

"Yesterday, everybody smoked his last cigar, took his last drink, and swore his last oath," he wrote on 1 January 1863. "Today, we are a pious and exemplary community. Thirty days from now, we shall have cast our reformation to the winds and gone to cutting our ancient shortcomings considerably shorter than ever. We shall also reflect pleasantly upon how we did the same old thing last year about this time."

So, there we have it, let's make our resolutions, striving for self-improvement is always a good thing and 2024 may well be the year that we succeed, if not we can be like Mark Twain and do the same thing next year, good luck to all my fellow resolution makers!

Liz Coley

## REMEMBRANCE DAY 2023

Manjimup RSL held their Remembrance Day service at the War Memorial on Giblett Street on Saturday 11<sup>th</sup> November.

President Wayne Hughes welcomed everyone and reminded us of the many Servicemen and women who gave their lives for their country during war, ending his speech with John McCrae's poem "In Flanders Fields".

The assembled crowd respectfully bowed their heads at 11.00am for a minute's silence in remembrance of those who died in wartime, afterwards wreaths and poppies were laid by Shire President Donelle Buegge, students from Kearnan College, Manjimup Primary School, East Manjimup Primary School, Seventh Day Adventist and family members of the fallen. After the service it was back to the RSL Hall on Brockman Street for a sausage sizzle and a cuppa.

Armistice Day was observed in Australia 1919 to remember those who lost their lives during the First World War, it was renamed Remembrance Day after World War Two. Today the loss of lives from all wars and conflicts is commemorated on Remembrance Day.  
We will remember them. Lest we forget.

Liz Coley



*RSL President Wayne Hughes with Seventh Day Adventists Members*



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## AUSTRALIA DAY 2024

The Shire of Manjimup have made some changes to Australia Day's gatherings this year, it's going to be under a new format to usual.

Instead of having one large event in a Shire town, this year each town will be holding their own event as their own community gathering to express the day.

To quote Shire President Donelle Buegge: The Council understands the divide on celebrating Australia Day, so we are handing it to the communities.

The Shire will be holding a Citizen of the Year awards event, date to be announced shortly.

Kathy Hill, information : Donelle Buegge.

### 2024 CITIZEN OF THE YEAR AWARDS



### 2024 SHIRE OF MANJIMUP CITIZEN OF THE YEAR NOMINEES

#### CONGRATULATIONS TO THE NOMINEES

Abbey Kilrain	Clayton Fullston	Kim Starkie
Adam Broad	Colby Bosley	Kristie Ward
Ashlee Chapman	Elyssa Brown	Lynnette Nabholz
Ben Davies	Ian Wilson	Neville McDonald
Briana Farquhar	Joseph Burton	Steve Walsh
		Trudi Miles

Manjimup Rovers Soccer Club  
Quinninup Community Association  
Southern Forest Steppers  
St John Manjimup Volunteer Ambulance Officers  
Walpole Community Resource Centre

*Learn about the 21 nominees and their stories at the Community Champions Exhibition held in the Manjimup Art Gallery, 23 to 30 January 2024.*



# Liz's



## Kitchen Rules

### ZUCCHINI & PEAR SALAD

Zucchini is an attractive plant with large leaves and yellow flowers, they can have a dark green or striped vegetable which grows quite quickly and are plentiful during the summer months. They belong to the Cucurbita pepo species along with many other squashes and pumpkins. Like all squash they originate in South America, however the varieties known as Zucchini were developed in Northern Italy in the second half of the 19th century. Zucca is the Italian word for pumpkin/squash and they are known as Zucchini in Italy, Australia, Canada, Germany and the United States, in Britain and Ireland they are known as Courgettes when small and when fully grown as Marrows. As a general rule they are usually harvested about 20cm to 30cm in length and have many culinary uses, they can be steamed, boiled, grilled, barbecued, fried, or stuffed and baked. Zucchini can be baked into bread or cakes, the flowers can be coated in a light batter and deep fried, known as tempura. The vegetable has a delicate flavour and can be eaten raw, sliced or shredded in a salad and a popular use nowadays as a healthy substitute for pasta or noodles. Our temperate climate in the South West provides ideal growing conditions for Zucchini, they need a good soil with plenty of compost, manure and an all-purpose fertiliser. They will need to be watered well on very hot days and use a mulch, (pea straw or lucerne hay) to a depth of about 5cm. Avoid overhead watering if possible as they are prone to powdery mildew. Some good varieties to try are Black Beauty and Blackjack (thin dark green skin and a traditional favourite), Greyzini (grey green mottled skin) and Goldfinger (yellow skin and a heavy cropper). They are very easy to grow and will reward you in about 5-6 weeks with a bumper harvest. The longest Zucchini ever measured was 2.52m long and grown by Giovanni Batista Scozzafava in Niagara Falls, Ontario, Canada. Give them a try, you might just grow a prize winner! Zucchini is low in saturated fat and cholesterol, they are a good source of protein, Vitamin A, Thiamin, Niacin, Phosphorus and Copper, and a good source of dietary fibre, Vitamins B6, C, K and Folate, all the good things.

### ZUCCHINI & PEAR SALAD

**Ingredients:** Iceberg lettuce, 3 to 4 baby zucchinis, 1 Pear, 2 sprigs fresh dill, few unsalted walnuts, hazelnuts, almonds toasted in a dry pan and crushed. For the dressing: 4 to 5 tablespoons Greek yoghurt, 1 tablespoon white wine vinegar, 1 teaspoon Dijon Mustard, about 4 leaves fresh mint, salt and black pepper to season.

**Method:** Place all the ingredients for the dressing in a bowl and mix with a blender until smooth, set aside. Slice the lettuce finely, slice the zucchini downwards into fine ribbons, finely slice pear and chop dill, add toasted nuts and mix all together. Mix in dressing just before serving



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COORDINATOR



### Are you a carer in the South West region?

Meet Julie, our Regional Coordinator working closely alongside the Carer Gateway program based in Manjimup to deliver free practical and emotional services and supports for unpaid carers. Living in the Blackwood Warren area means that she can provide direct support to you and other carers you know, answering your questions and providing a local perspective. She also helps educate service providers and mainstream organisations (including local councils, school etc.) around the important role of unpaid carers and the assistance that is available for them.

To contact Julie directly, email [southwest@carerswa.asn.au](mailto:southwest@carerswa.asn.au) or call 0413 859 235.

## PIONEER NAME FOR MANJIMUP LANEWAY

At our request, John Rooney has shared his submission to Shire for the recent laneway naming. The Alf Fry laneway can be found in Somerville Street, close to Ipsen Street.

Alf Fry took up land through the Group Settlement scheme at Northcliffe in 1924. Not long after his arrival he purchased trucks and provided a local cartage service throughout the district. He did this as well as develop his farm. Alf was often the first person to welcome prospective group settlers and became one of the best-known characters of the time in the district. In 1930 Alf, now married with children, moved to his Quinninup farm (at the Quinninup crossroads) where he farmed. Alf Fry was born 11/03/1892. His contributions to the district included:

- Early group settler at Northcliffe (1924) where he developed his first farm
- provided a cartage service over many years throughout the Warren area
- Alf was often the first person to welcome prospective group settlers and became one of the best known characters of the time in the district.
- Fought in the First World war and was mentioned in despatches
- 1926 State Solo Champion and a world class cornet player.
- Played c ornet for Queen Elizabeth II in the 1954 royal visit to WA.
- Accomplished cricketer who was president of the Manjimup Cricket Association for 22 years.
- Attended Country week representing Manjimup and the Warren area over many years, playing cricket bare footed!
- Played football with the South Fremantle Football Club.
- A member of the Perth City Band for 15 years.
- A very active member of the Manjimup Brass Band for many years.
- Alf absolutely loved his music and was an exceptionally talented cornet player.

Individually, and as part of local 'bands' (such as the Rooney Band), Alf provided music with his cornet at many district functions including RSL, funerals, Anzac Day, dances and weddings, from Northcliffe to Tone Bridge and most other community halls and sites across the Warren Region for many, many years. Alf touched many people in the Warren area who remember him with great affection as an exceptional character and amazing man. At the age of 73, Alf climbed and lopped a 70 foot pine tree beside his Quinninup farm house to place a tv antenna on the top in order to watch the football grand final! Alf spent his 'retirement' years in contentment in Moonya, and passed away in the Warren District Hospital on the 4th of June, 1979. He is buried with his wife in the old Manjimup cemetery. Alf was a close family friend of the extended Rooney family over many years. He was known by myself and many other locals very fondly as Uncle Alf. I have referenced the book 'Where there's Smoke there's Fry' (written by Chris Hales – printed by Hesperian Press – ISBN 0 85905 259 1) for some of the above information and dates. If you wish to learn more of the fascinating life story of this Warren District legendary character, the above book will provide a wonderful insight into 'the true story of an amazing man – Alf Fry'. As the Rooney family was closely associated with Alf over many years (ref book above) we would be very proud to have Alf's contribution to the district acknowledged by having his name on a laneway sign, and would like to request that his name be given to the lane running between Ipsen and Duffield Streets.

Thank you John, for providing this information on Alf Fry, what an amazing man! He earned the right to have his name remembered as an icon for the area.



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## VERY CHERRY BREAKFAST

Thanks to Ross Craig for providing these interesting articles

Beginning in 2022 as part of the Cherry Harmony Festival, the Very Cherry Brekkie was back as part of Manji Markets and More in 2023. And it was just as great as ever – maybe a little more so!

A fundraiser for the Manji Pantry, the brekkie in '23 saw our first true [in]famous ☐ celebrity in attendance with “Gertrude”, making her inaugural appearance. Bringing a special spice to proceedings, we loved her bright and colourful presence, much to the delight of all. It wasn't long before she borrowed a ukelele and joined in with the Celestial Chimes Ukelele Group! What an amazing talent that lady is!

Dining with folk from as far afield as Brisbane were plenty of our wonderful local supporters, including our own Manjimup Shire President, Cr. Donelle Buegge, was given two thumbs up by all attending. You can be sure we will be back in 2024, so keep a keen eye out.

A massive thank you to Shirley's Heroes in the kitchen and waitstaff. The fruit smoothy team were kept busy with plenty of fresh fruit blended

## MANJI PANTRY

2024 is already shaping up to be a busy time for the Manji Pantry. Presently held twice a month (2<sup>nd</sup> and 4<sup>th</sup> Thursdays, 10 am to 11:30 am) at the Seventh-day Adventist church hall, 33 Highfield St,

Manjimup; the team continues to provide good quality food and very affordable prices.

Now entering the 5<sup>th</sup> year of operation, the pantry has seen a steady growth in membership. It is wonderful to be able to aid the local community, but it is also sad that due to the cost of living increases, such a service is necessary.

Since its inception in 2019, by simply offering free bread to residents, the range of items has grown significantly. The generous donation from LJ Hooker in 2021 of a large new chest freezer meant the range could grow to frozen items, including ice cream, vegetables, and meats. This donation followed on the heels of a donation of a couple of new large domestic fridges and a smaller chest freezer by a local individual.

2023 saw another milestone event with the successful application for a grant under the Forestry Transition program. In early 2024, the pantry will take delivery of a new Toyota HiAce van. Currently, each Wednesday before the pantry operates, a group of up to six volunteers jump in their own cars around dawn and head to Bunbury Foodbank for supplies. The arrival of the van will mean less wear and tear on personal vehicles and on personnel! And less traffic on the highway.

The Manji Pantry Core Committee would like to thank the many volunteers, suppliers (especially Newton's Orchards for year-round donations, Rotary for financial assistance, meaning we have emergency hampers on constant standby, and Woolworths, who daily provide items to us as a registered agency for Foodbank), and our lovely members – many of whom are now friends. It is our hope and prayer that 2024 brings some relief to the current financial climate, but either way, we are looking forward to serving you for another year.

Should you wish to volunteer, donate produce (we love 2<sup>nd</sup>s) or access the service, please contact Ross Craig 0456 747 719; he'll be delighted to speak with you.



## SECOND BITE

Coles Supermarkets food diversion program SecondBite has been running in Manjimup since 2019, and a small staff of volunteers visit their premises daily to collect donations. These donations then become the basis of food relief for some of the most vulnerable in our town. Working in conjunction with the Manji Pantry, food parcels are often topped up with pantry groceries.

The small band of regular volunteers (Kevin Needs, Ed Logan, David and Nancy Giblett, Candy Rainbird and Ross Craig) sort, pack and deliver parcels to clients twice per month.

It is impossible to say what will be in the food parcels (except for bread) each time, but usually, there is a mix of produce, dry goods, and sometimes some refrigerated or frozen items. But, regardless of the quantity or range, recipients are always happy to receive not just the food but also the visit.

As mentioned, this program is for the most vulnerable, and this cannot be emphasised enough. While we would love to be able to provide parcels to many more, it is not possible with our small band of volunteers, and we never know just what will be donated until the day.

If you would like to volunteer to help us reach more folks, please call Ross Craig on 0456 747 719 and have a chat.

## GREEN'S ISLAND

GREEN'S ISLAND.....

Lived in or around Manjimup all your life, and never been there?....  
.....Well, you just gotta get out there sometime,.....it's a great place to camp overnight or longer, or pop out for a picnic!

.....Go down Graphite Rd to one tree bridge....(itself a lovely place to visit.....only 21kms from town)....and continue on a couple of KMs, past the four aces...(another great place to see and explore) and turn right at 'Greens island' sign.....go a km or so, turn right at next sign, and that'll run you into Green's island..... what's there?.....well, it's got really nice, shady camp/picnic sites, tables, wood BBQs (don't light 'em up in summer.....there is info board out there that tells you when you can and can't have a fire (always a pile of free firewood), a reasonable oval to kick a footy around etc, clean toilets, walk trails,...and it's right on the river.....camping is around \$7 a night....ranger pops out most days.....enjoy! And you will find an information sign that tells you all about why it is named as Green's Island.

Thanks John Hunter for this great suggestion of a local site to visit



Photo—Parks and Wildlife Website

## COMMUNITY BYTE SIZED PIECES

- Well done to those who organized Christmas Carols in the park,
- Thanks to the volunteers for all the hours of organizing to have a successful Manjimup markets and More
- Centrelink Van will be here for one day on the 31st of January in the CRC Carpark, any Centrelink enquires go to the van and they'll be able to help
- Updates on upgrades on the ADRA op shop are taking longer than expected, expected to be open around the end of January

### DWARNART LANE

Another of the allocated new laneway names in Manjimup. This is a Noongar name, and having consulted Elder Sue Kelly, we have found it means Ringneck Parrot. Pronounced : dwan - (the **a** sounding as in arm) - Art.

### LUZNY LANE

The Luzny family can be proud that a laneway bears their name, having migrated to this area in 1952, after WW11. Café Bytes featured a story on Manjin park having been a migrant camp in this era. The Luzny family worked hard to establish a new successful life here, following the horrors of the war in their country, Ukraine. They are feeling the nightmare of their ancestry countrymen, as Ukraine continues to be bombed in the current war.

## COMMUNITY TOGETHERNESS

If anyone doubts what a wonderful community we have here in Manjimup, here's a grand example of how caring we really are.

We will all have noticed during December, local supermarkets had a container at the front of their shops, with a simple request for donations of items for Christmas hampers, for those who would be finding the expense of the festive season a little hard to cope with. Warren Valley Church also had a drop off point for any donations.

This was a combined churches' project, through St Vincent's Welfare, to ensure everyone had the opportunity to enjoy Christmas as a special day. The food hamper packages contained festive foods, for Christmas Day, plus staple foods for three to four meals after Christmas. To add to the generosity of these hampers, Toyworld also had a Wish Tree where people could donate children's toys to be added for families with young people in the household.

Anyone who wished their family to receive the Christmas hamper simply needed to make an application.

Volunteers from our town's churches gathered to compile fifty six hampers, forty nine included children's toys, which indicates the community really supported the request for donations.

Well done to St Vinnies Welfare, our generous Manjimup Community, and the Combined Churches' volunteers, working together to bring to life the true spirit of Christmas.

Kathy Hill

## WE WILL ALL BE ROONED

Said Hanrahan is an old Australian poem, the author was a Catholic Priest, who published under the pseudonym of John O'Brien. It was written around 1919, post First World War era and depicts how the tone of a lot of conversations would have been at that time. Perhaps it relates similarly to this era, with what seems like constant rain, and Covid 19 dominating our news and conversations. We have taken the liberty of shortening Said Hanrahan a little, and wonder how many are hearing current conversations about how we're all going to be rooned.

"We'll all be rooned," said Hanrahan,  
In accents most forlorn,  
Outside the church, ere Mass began,  
One frosty Sunday morn.

"It's dry, all right," said young O'Neil,  
With which astute remark  
He squatted down upon his heel  
And chewed a piece of bark.

"They're singin' out for rain," he said,  
"And all the tanks are dry."  
The congregation scratched its head,  
And gazed around the sky.

"If rain don't come this month," said Dan,  
And cleared his throat to speak —  
"We'll all be rooned," said Hanrahan,  
"If rain don't come this week."

A heavy silence seemed to steal  
On all at this remark;  
And each man squatted on his heel,  
And chewed a piece of bark.

"If we don't get three inches, man,  
Or four to break this drought,  
We'll all be rooned," said Hanrahan,  
"Before the year is out."

"It's dry, all right," said young O'Neil,  
With which astute remark  
He squatted down upon his heel  
And chewed a piece of bark.

In God's good time down came the rain;  
And all the afternoon  
On iron roof and window-pane  
It drummed a homely tune.

And through the night it pattered still,  
And lightsome, gladsome elves  
On dripping spout and window-sill  
Kept talking to themselves.

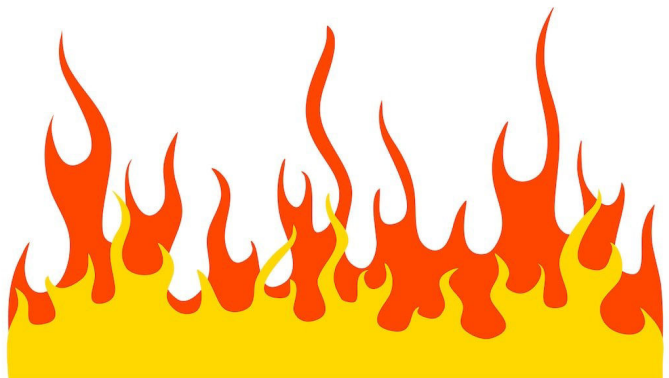
And every creek a banker ran,  
And dams filled overtop;  
"We'll all be rooned," said Hanrahan,  
"If this rain doesn't stop."

And stop it did, in God's good time;  
And spring came in to fold  
A mantle o'er the hills sublime  
Of green and pink and gold.

And days went by on dancing feet,  
With harvest-hopes immense,  
And laughing eyes beheld the wheat  
Nid-nodding o'er the fence.

And, oh, the smiles on every face,  
As happy lad and lass  
Through grass knee-deep on Casey's place  
Went riding down to Mass.

While round the church in clothes genteel  
Discoursed the men of mark,  
And each man squatted on his heel,  
And chewed his piece of bark.





## SENTIMENTAL STORY

Thank you John Hunter for finding this, and sharing with our readers. May be fiction, may be fact.

Teddy Stallard certainly qualified as 'one of the least'. Disinterested in school, musty, wrinkled clothes, hair never combed. One of those kids in school with a deadpan face, expressionless --sort of a glassy, unfocused stare.

When Miss Thompson spoke to Teddy he always answered in monosyllables. Unattractive, unmotivated, and distant, he was just plain hard to like. Even though his teacher said she loved all in her class the same, down inside she wasn't being completely truthful.

Whenever she marked Teddy's schoolwork, she got a certain perverse pleasure out of putting X's next to the wrong answers and when she put the Fs at the top of his tests, she always did it with a flair. She should have known better; she had Teddy's records and she knew more about him than she wanted to admit.

The records read:

1st grade: Teddy shows promise with his work and attitude, but poor home situation.

2nd grade: Teddy could do better. Mother is seriously ill. He receives little help at home.

3rd grade: Teddy is a good boy but too serious. He is a slow learner. His mother died this year.

4th grade: Teddy is very slow, but well behaved. His father shows no interest.

Christmas came and the boys and girls in miss Thompson's class brought her Christmas presents. They piled their presents on her desk and crowded around to watch her open them. Among the presents was one from Teddy. She was surprised that he had brought her a gift, but he had. Teddy's gift was wrapped in brown paper and was held together with sticky tape. On the paper were written the simple words: For Miss Thompson from Teddy.

When she opened Teddy's present, out fell a gaudy rhinestone bracelet, with half the stones missing, and a bottle of cheap perfume.

The other boys and girls began to giggle and smirk over Teddy's gift, but Miss Thompson at least had enough sense to silence them by immediately putting on the bracelet and putting some of the perfume on her wrist. Holding her wrist up for the other children to smell, she said, "Doesn't it smell lovely?"

And the other children, taking their cues from the teacher, readily agreed with oohs and aahs.

At the end of the day, when school was over and the other children had left, Teddy lingered behind. He slowly came over to her desk and said softly, "Miss Thompson.....Miss Thompson, you smell just like my mother.....and her bracelet looks real pretty on you, too. I'm glad you like my presents." When Teddy left, Miss Thompson sat quietly and cried, and vowed to help Teddy, and others like him more.

The next day when the children came to school, they were welcomed by a new teacher. Miss Thompson had become a different person. She was no longer just a teacher; she was now a person committed to loving her children and doing things for them that would live on after her. She helped all the children, but especially the slow ones, and especially Teddy Stallard. By the next year, Teddy showed dramatic improvement. He had caught up with most of the students and was even ahead of some.

She didn't hear from Teddy for a long time. Then one day, she received a note that read....."Dear Miss Thompson: I wanted you to be the first to know, I will be graduating second in my class, Love, Teddy Stallard.

Four years later, another note came: Dear Miss Thompson: .....They just told me I will be graduating first in my class. I wanted you to be the first to know. The University has not been easy, but I liked it. Love Teddy Stallard.

And four years later....Dear Miss Thompson .....As of today, I am Theodore Stallard.MD. How about that? I wanted you to be the first to know. I am getting married next month, the 27th to be exact. I want you to come and sit where my mother would sit if she were alive. You are the only family I have now, Dad died last year. Love Teddy Stallard.

Miss Thompson went to that wedding and sat where Teddy's mother would have sat. She deserved to sit there; she had done something for Teddy that he could never forget.



Are YOU interested in Volunteering?

Don't know where to start?

Make an appointment today with our  
Volunteer Coordinator.

Get everything you need;

Training, support and be connected  
with Groups that  
suit you!



Funded by:



Government of Western Australia  
Department of Communities



## JANUARY 2024 PROGRAM

### **Be Connected - digital literacy for Seniors:**



**Be Connected**  
Every Australian online.

*Tuesdays 10am - 12pm at the CRC*

16th - Personalising your device

23rd - Microsoft Office

30th - Updates for devices



### **Knitting/crochet and Craft Group:** *Tuesdays 1pm-3pm at the CRC*

### **Manjimup Walking Group:** *Mondays at 8.30am*

Meet at the Round House car park at the  
Timber Park



### **SAVE THE DATE:** **Volunteer Meet and Greet Sundowner** *Wednesday 7th February at 3.30pm* **at the CRC**

*For more info on any of our exiting events or progrms contact Andrea or Amber on  
9777 2774, email [volunteer@manjimup.org.au](mailto:volunteer@manjimup.org.au) or check out our Facebook page*

**45 Rose Street Manjimup**



## LOCAL BEAUTY



Thanks to our Shire gardeners for regular display of beauty in our round-a-bout gardens



The thank you seat under this beautiful tree, acknowledging some historical events

 **TOTAL**  
CONTAINERS  
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0423 957 043  
[www.seacontainerswa.com.au](http://www.seacontainerswa.com.au)

"Servicing the South West"

Total Containers Southwest are located Lot 2/6 Pedretti Road Picton East WA 6229  
Contact Kim on Mobile: 0423 957 043 E: [servicesouthwest@totalcontainers.com.au](mailto:servicesouthwest@totalcontainers.com.au)



## A DAY OUT IN OUR AREA

While it's holiday time, an enjoyable day out not too far to travel is a trip to the Northcliffe Understory Sculpture Trail. If you haven't been there, we would like to recommend it.

It's a treasure trove of different types of sculptures, from all over the world, which are tucked into the undergrowth on this easy walk trail of 1.2 km, all on level ground. Guided tours can be booked, or just wander through, discovering the art surprises as you go. It's a pleasure to see the variety and the talents on display.

In a previous Café Bytes we wrote of the Shire school's involvement, making tiny houses for animals to shelter in, a project the students took to heart and loved.

The latest art piece was installed recently, a cosy spot to sit and imagine sharing a cup of tea, with Megan Evans "Peacock Spider Comes To Tea".

The trail is open every day from 9 am to 3 pm. The entry fee ranges from \$15, to \$40 for a family, payable at the Visitor Centre Reception, a Treasure Map Guide is provided, also a range of audio tour options which can be downloaded to electronic devices.



Step through the arch for a trail with a difference through Southern Forests. And while you are there, the Visitor Centre can direct you to the Painted Tree Gallery so you can enjoy the current art exhibition.

Photo and article. Kathy Hill

Information gained from an understory website

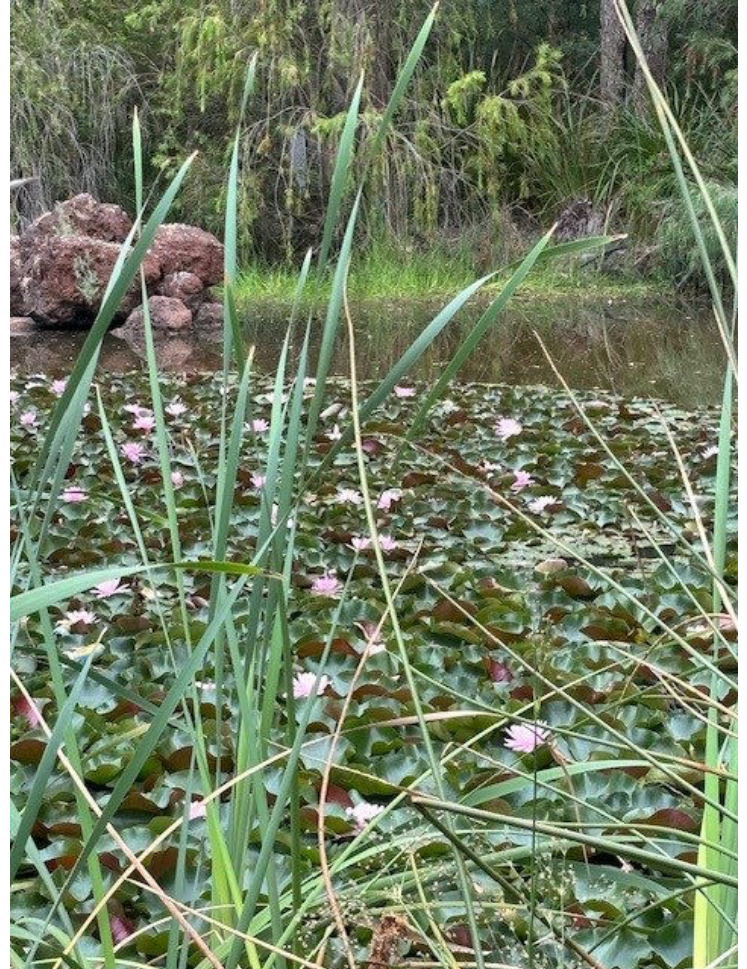
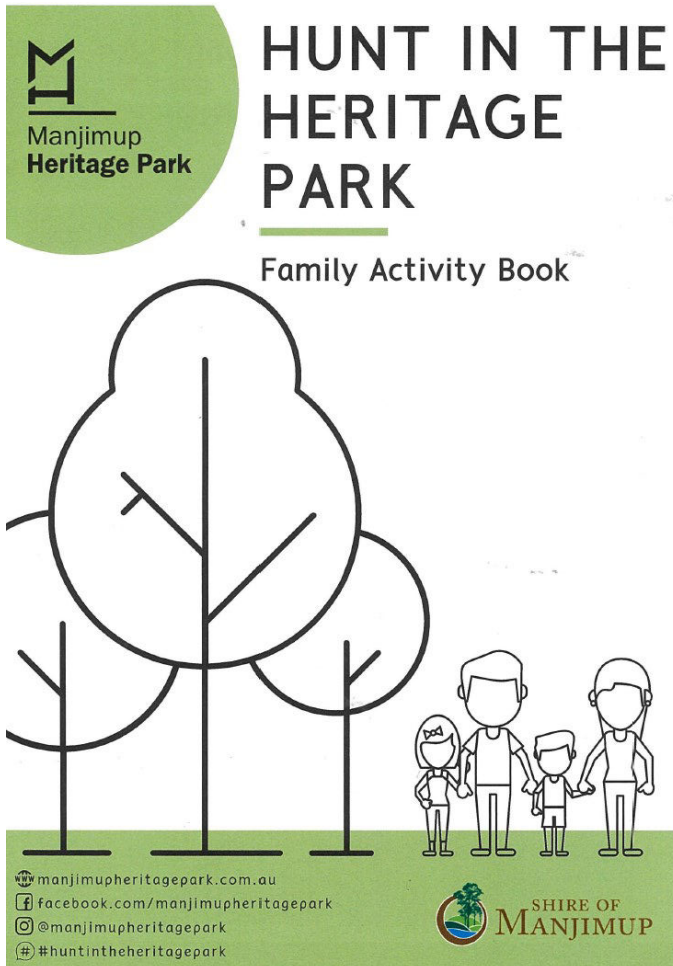


# HUNT IN THE HERITAGE PARK

Are you ready to explore?

A Great activity for families, You can find these brochures at the Visitor Centre Reception.

Keep the family happily occupied for an afternoon.







45 Rose Street, Manjimup WA 6258  
P: (08) 9777 2774

E: [reception@manjimup.org.au](mailto:reception@manjimup.org.au)  
W: [www.manjimup.crc.net.au](http://www.manjimup.crc.net.au)

## Membership

### TAX INVOICE

ABN: 66 287 651 302

Surname \_\_\_\_\_ First Name \_\_\_\_\_

Business / Organisation \_\_\_\_\_

Nominated Users (For Businesses and Organisations)

#1 \_\_\_\_\_ #2 \_\_\_\_\_

Postal Address \_\_\_\_\_

Suburb \_\_\_\_\_ Postcode \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_ Mobile \_\_\_\_\_

- ☐ **SINGLE** **\$10.00 Per Year**  
10% discount as per CRC Price List (see Website for a list of our services – excludes Room Hire)
- ☐ **Family** **\$20.00 Per Year**  
10% discount as per CRC Price List (see Website for a list of our services – excludes Room Hire)
- ☐ **Business** **\$50.00 Per Year**  
10% discount as per CRC Price List (see Website for a list of our services)  
A Business Card sized Ad in each edition of Café Bytes

### PAYMENT METHOD

- ☐ Cash - Please come in and pay at Reception.
- ☐ Eftpos - Please contact the Manjimup CRC on 08 9777 2774
- ☐ Cheque - Please post your cheque to Manjimup CRC, PO Box 314, Manjimup WA 6258
- ☐ Direct Deposit - Manjimup Community Resource Centre

**BSB: 036-126**

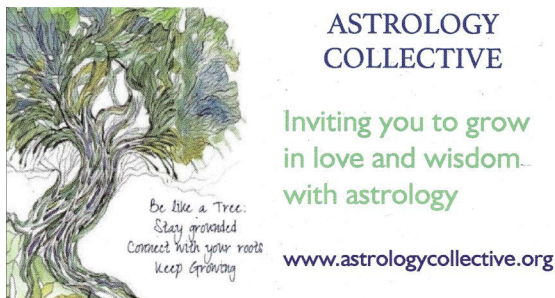
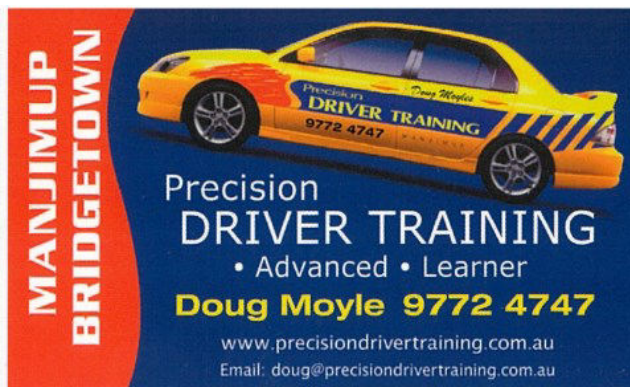
**ACC: 151749**

(Please use Surname as reference and email a copy of your confirmation of payment)

OFFICE USE ONLY	Initial		Initial
Payment Method:		Receipt Issued: Yes / No	
Date Paid:		Date Entered into Database:	
Member Number:		Date Membership Card Issued:	

## VOLUNTEER ROUNDUP

- Are you struggling with your Digital Device. We hold group classes on a Tuesday morning from 10am-12pm or you can book in for a 'one on one' with Amber. We are also introducing classes on specific topics, the first one being 'My Gov' on Wednesday 6th September from 5pm-7pm at the CRC. Phone Reception on 9777 2774 to book.
- Our Volunteer Directory is well underway and will be in print form and online soon. If you would like your organisation included, give Andrea a call on Monday or Tuesday at the CRC on 9777 2774.
- If you are looking for Volunteers, or are wanting to do Volunteering we can assist.
- Wanting to make new friends and get some exercise at the same time? Join our Walk Group on Mondays from 8.30am, which leaves from the Carpark at the Heritage Park, opposite the Wellness Centre, then enjoy a free cuppa afterwards.
- On Tuesday afternoons, our Sewing and Knitting group is held and everyone is welcome to come along to learn how to sew or knit, or just for the lovely companionship! The group creates "Care Bears" for the Ambulance service when children are suffering trauma.



### Opening Hours

Monday-Friday (see Facebook page)

Saturday: 10-3

Sunday: 10-2

Are You Over 50?

# NEED HELP WITH TECHNOLOGY?



*Amber Can Help*

Tuesday Classes

10 am to 12 pm

or One on One Sessions

Make an  
appointment  
today

Amber and our  
volunteers are  
here  
to assist



Come For Two Sessions and its  
**Free**

Bought to you by:



Manjimup  
Community Resource Centre  
Tel: 9777 2774



Be Connected  
Every Australian online.

Network  
Partner



**WHO ARE WE?** The Bytes Team who bring you this publication are:

Yarn Spinners, Liz Coley & Kathy Hill

Contribute your story to us: [manjicafeytes@gmail.com](mailto:manjicafeytes@gmail.com)

(08) 9777 2774 or [volunteer@manjimup.org.au](mailto:volunteer@manjimup.org.au)

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