

## **DEVELOPMENT WORKSHOP**

## Attachment and Impact of Trauma

Attachment is a key stage of child development that can be adversely impacted on by experiences of trauma and abuse. The effect of disrupted attachment can be experienced into adulthood. **Please note: This is a three day course.** 

<u>Session 1:</u> Disruptions to a child's attachment and experiences of trauma changes a child's way of seeing themselves, adults and the world around them. The session provides an overview of the global impact of developmental trauma, particularly focusing on the challenges this brings for the child in their everyday life and in their relationships with others

<u>Session 2:</u> This session will focus on increasing your understanding of children's challenging behaviours and how best to respond and support your child. Various strategies will be explored to manage challenging behaviours while maintaining a positive relationship with the child. We will also work together to develop a personalised plan to help you help your child.

<u>Session 3</u>: Let's look at how your plan is coming along. In this session we explore the benefits and challenges of implementing the plan developed in session 2. We will discuss alternatives and provide support to fine tune the plan.

Presenter: Isabell Georgiou

Venue: Keith Maine Centre

Beechboro Road North, Beechboro

Date / Time: Session 1 - Tuesday 7<sup>th</sup> February 9.30a – 2.00p

Session 2 - Tuesday 14<sup>th</sup> February 9.30a - 2.00p Session 3 - Tuesday 28<sup>th</sup> February 9.30a - 2.00p

Lunch is provided

Child-minding is available. Please advise when enrolling if you require this service



To enrol please contact the Foster Carer Learning team on 08 9218 5500 or email <a href="mailto:foster.workshops@cpfs.wa.gov.au">foster.workshops@cpfs.wa.gov.au</a>



